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FEPTO.NEWS



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TRAINING ORGANIZATIONS . September, 2016



Photograph by Evaldas Karmaza

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Zerka has left our stage ...

ZERKA MORENO

(1917-2016)

Our dear Zerka Moreno, a mom, grandma, teacher, friend, loved one, loving one, an author, partner, inspirer, interpreter, mentor, craftswoman and a fine designer has let go of her physical struggle to remain with us Sept. 19, 2016. She was 99.

We are lucky to have had her love...her life.



Along with J L, Zerka was my teacher. They were for many and will continue to be that.

Below is a letter Zerka's wrote to Dena Baumgartner about loss two years ago. It gives a flavour of her thinking about how she personally dealt with mourning.

Zerka wrote:

"I learned to live with loss when I was a pre-schooler, when a baby cousin died. And now, at age 97 it is becoming a frequent experience as people much younger than myself pass on. Maybe what helps me is that I believe this is not our only life, that we return to our place in the cosmos where we will all be united. At 22 years of age I had the experience that we are all connected. But that does not altogether protect me from the holes in my social atom, which each loss creates. I am mystified by my longevity. My great grandmother after whom my mother named me lived to be 90, which in 1917 was phenomenal. Maybe I got some genes from her.

Hopefully there is some purpose for all this. I enjoy seeing my grandchildren becoming useful adults, serving others.

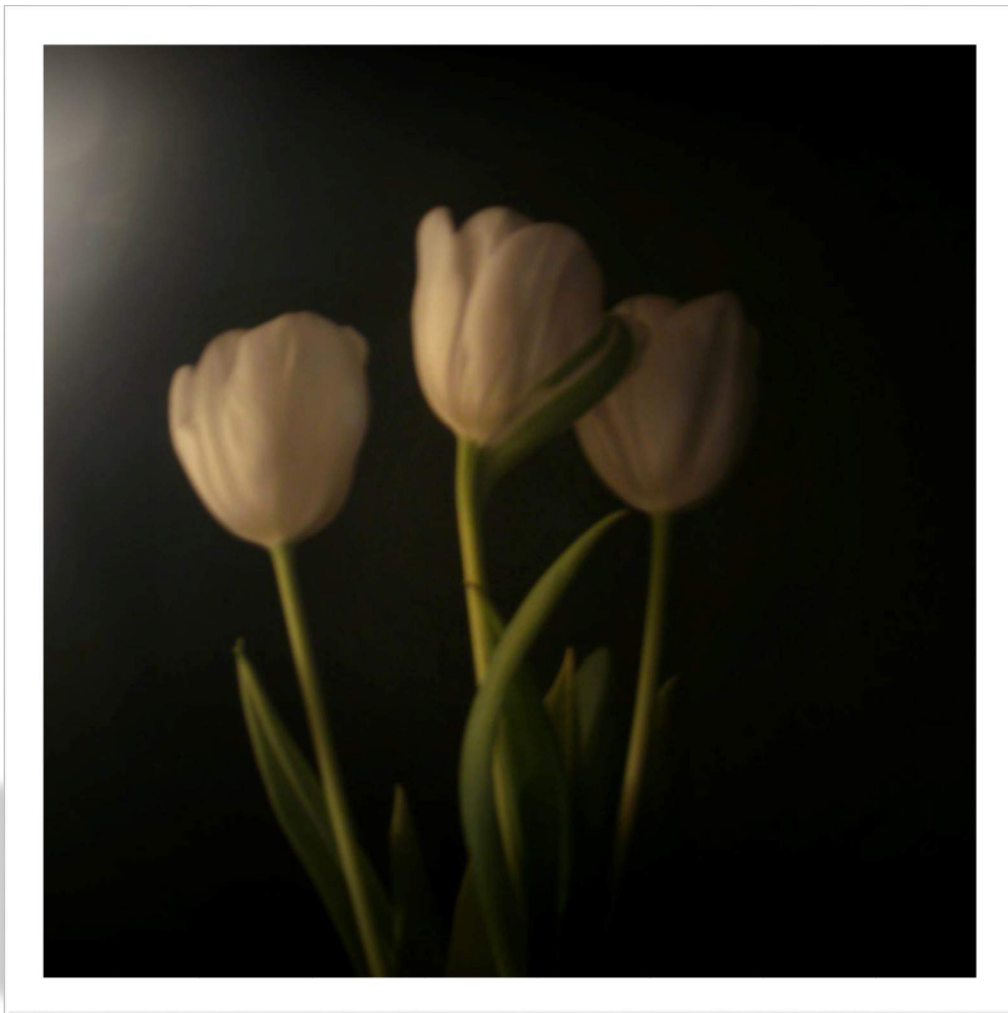
By the way, Moreno appeared soon after his death, while I ran a session in another psychodrama theatre upstate and 35 people saw him beside myself. It helped that others shared his visit so I was not hallucinating. Some other times I felt his presence, which inspired me.

In my office I had a wall picture which read: Life is a test. It is only a test. If this were your actual life, you would have been given better instructions."

Zerka has left our stage ...

We shall miss Zerka. However, like many loved ones who have gone before us, support, love, inspiration, philosophy, ideas and generosity are eternally available.

Marcia Karp



White tulips for Zerka, Horatiu Nil Albini

Zerka has left our stage ...

Dear Psychodrama Colleagues and Friends,

Dear FEPTO Members,

With great sadness we have received the message that Zerka T. Moreno passed away. She left our stage on the 19th of September in peace at the age of 99 years.

Without Zerka T. Moreno psychodrama wouldn't have that richness, quality and recognition in Europe and in the world. After J. L. Moreno's death in 1974 she carried on his work for more than four decades and gave psychodrama the status it deserves in psychotherapy. She has trained many people all over the world and by that she also created the foundation of the development of our psychodrama community in Europe. As psychodramatists we are able to draw upon her tremendous engagement, creativity and systematic work.

For all of us Zerka T. Moreno always has been a source of inspiration – not only professionally, but also personally. During her life she has faced the challenges of the past century with courage and dignity. For many colleagues she has been not only a pioneer and trainer, but also a close mentor and friend. We all will miss her a lot.

On behalf of FEPTO and psychodrama in Europe and Mediterranean countries we want to express our heartfelt condolences to her family, relatives and friends. From the bottom of our heart we wish her all the best on her new journey wherever she might go...

With Love and gratitude,

Johannes Krall & Milena Mutafchieva

President & Vice-President of FEPTO

Chairs of committees in the FEPTO Council:

Chantal Neve-Hanquet Stefan Flegelskamp

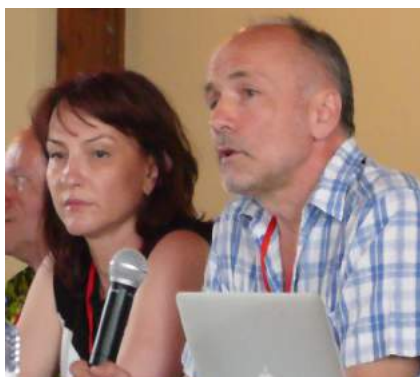
Celia Scanlan Judith Teszáry

Nikos Takis Krzysztof Ciepliński

Fred Dorn Reijo Kauppila



Editorial



Milena Mutaftchieva & Johannes Krall

Once upon a time there was a small village in Europe called FEPTO. At the beginning the village was established by a few people but later on many people from all over Europe and the Mediterranean countries moved to this village because it was famous with its creativity and spontaneity. In their village the inhabitants had a lot of fruitful activities, a lot of fun and joy. But they also had conflicts because first of all they were humans...

Dear psychodrama community,

We hope that you had a great and relaxing summer.

We have met each other in May in one marvelous place – Marathon, Greece. We would like to give our gratitude again to our local hosts for the perfect organisation of the conference and the annual meeting - Nikos Takis, Nena Vlassa, Karen Stefanou, Grammati Ntalossi.

The title of the conference was “Shedding Light on the Shadows. Voicing the unspoken in psychodrama”. Our local hosts and we, as a community, deserve congratulations for having more than 180 participants this year. Various topics were presented during the conference and all of them tried to uncover the unspoken in our inner world and in our social relationships. Many flattering voices have been heard that marked the participants’ satisfaction (see the echoes from the conference in this issue). And this was a good warming up for the annual meeting.

Small streets of Athens, a lot of sun around, the amazing Acropolis, and the sea, of course the sea, all those factors led to our good mood and readiness to deal with the challenges and changes that our organisation is experiencing. When we, as a Council, discussed and chose the topic of the annual meeting “Cooperation in Times of Conflict and Change: Challenges in Psychodrama Training and Practice” we hoped that this will provoke honesty and discussions on the dynamics in FEPTO. And it happened. Scientific evidence could be found that face-to-face contact fosters cooperation more than side-by-side contact. We could call our meeting in Marathon face-to-face contact. We spent time in productive discussions, we faced some of the problems of our community and we really believe that this is an example of fruitful cooperation. Although it is just a step, every step is important.

Editorial

But the topic concerned also cooperation. Cooperation displays a number of positive characteristics, including more effective communication, open and friendly attitudes, a sense of mutuality and a common goal, and a willingness to increase our capacity. We live in a very dynamic world and every day is a challenge for many of us. Perhaps every generation believes that their times are unique. Otherwise, they could not justify the significance of their own life. But we feel that the current moment is important for our organisation when our efforts as a community could lead to a better coherence and bravery to face the conflicts in and outside.

Keeping in mind the difficult situation in Europe and the high level of insecurity nowadays, we as community contribute with our expertise and knowledge and provide a good example of cooperation between individuals, institutes, countries.

During the last annual meeting our family grew up. Three new institutes were accepted as members of FEPTO – University of Haifa, Israel, Center for the Study and Application of Psychodrama, Greece, and Association of Psychodrama, Ukraine. We would like to greet them for joining the growing community of FEPTO. Welcome! Bring with you your ideas and creativity that will make our cooperation even more developed.

And back to the beginning. Fairy tales are filled with conflicts but also with many positive conflict resolutions. It depends on the inhabitants how our fairy tale will end. It depends on our dreams, capacities and resources. We shall see

**Johannes Krall &
Milena Mutafchieva**

President &

Vice-president of FEPTO

president@fepto.com

vicepresident@fepto.com



Report of the Chair of Annual Meeting Committee

FEPTO AM 2016, May, 18th, Marathon, Greece

The Annual meeting Committee had a very fruitful and interesting meeting in Marathon, in the context of the 24th Annual Meeting of FEPTO. The colleagues who participated in this meeting and will constitute, for this year at least, the members of the AM Committee are Agnes Dudler (Germany), Peter Haworth (U.K.), Maxine Daniels (U.K.), Anzhela Hristoforova (Bulgaria), Jorge Burmeister (Spain), Margarita Karmaze (Lithuania) and the Committee Chair Nikos Takis (Greece).

The meeting began with Nikos Takis presenting some thoughts for the function of the LOC (Local Organization Committee's) and how this works within the FEPTO organization. In some cases the LOC members have to undertake risks and responsibilities for which they are not always adequately and sufficiently supported by FEPTO. The conflicts created among LOC members in the past, that Agnes Dudler outlined in the meeting and also in the FEPTO large group, are maybe related with this deficit. One example is that the LOCs are held responsible for the 50% in the case of financial loss of the Annual Meeting, even if they have followed the Council's instructions and recommendations meticulously. On the contrary, in case of profit, which is what usually happens, the LOC is not entitled to any percentage of it. Everything goes to FEPTO.

Regarding the finances of the Conference, the burden is shared equally in case of loss between the LOC and FEPTO and in case of profit 75% goes to the LOC (or 50% if FEPTO issues receipts and invoices) and the rest to FEPTO.

It was a common inference among AM committee members that the LOC is not sufficiently remunerated for its hard work and risk taking. This conclusion generated a discussion on how it can be that the organizers are receiving a tangible acknowledgement and recognition of their efforts, without reducing the profit of FEPTO. The proposed changes of the AM committee are the following:

For the Conference:

LOC receives 75 % of Profits

FEPTO receives 25% of Profits

For the Annual Meeting:

LOC receives 25% of Profits

FEPTO receives 75% of Profits



Nikos Takis

In case of loss in the AM, the equal share of the financial between LOC and FEPTO remains (50%-50%). In case of loss in the Conference, the LOC takes full responsibility, since the committee is responsible for the design, the structure and the content.

Report of the Chair of Annual Meeting Committee

Another topic that was addressed was the price of the Annual Meetings which is considerably high in some cases, not allowing colleagues from several European countries to attend. The committee chair was committed to work on this issue along with the rest of the council and propose some ideas within the next few months.

The meeting ended in a climate of warmth and collegiality among the participants. Maxine Daniels directed a short vignette in end, offering generously a psychodramatic closure to this very interesting encounter.

Nikos Takis

Chair of the AM Committee

annualmeeting@fepto.com

Notes from The Annual Meeting Small Group Committee 2016 Athens

Present: Agnes Dudler, Peter Haworth, Nikos Takis, Maxine Daniels, Anzhela Hristoforova

Nikos outlined his thoughts in relation to the Duties of the LOC and the concerns he raised about this after his experience of organizing the FEPTO Athens Event.

- 1.Event takes place regularly and happens in context of annual meeting
- 2.Guidelines unfair - 35 colleagues
- 3.People from LOC pay regularly
- 4.It is not specifically written how the event should operate with LOC members
- 5.Difficult organizing a conference for so many people
- 6.Venues are difficult to find
- 7.Finances are a problem because often the LOC has to pay upfront for venues, and how do they find the money to do this?
- 8.In Greece Nikos had to find 15,000 euros to pay for the venue upfront
- 9.What is the financial protection of the LOC if the conference/meeting fail?
- 10.Need to see the conference and the Annual Meeting together
- 11.Some feedback from FEPTO members have declared the Annual Meeting is not very interesting always in small groups to achieve what?
- 12.Difficult for some countries financially when the events are organized in expensive countries such as northern Europe.

Report of the Chair of Annual Meeting Committee

Ideas & Suggestions: Put Forward from Members in the Meeting:

This committee can support the LOC

Clarify role and responsibility of LOC

Try to re-negotiate financial rates so should be shared between LOC and FEPTO so it is more fair

Profit & Loss should be shared

FIFA (?) Institutes of country host the meeting

Conference the Board of Directors organize the conference – rather than LOC

Change structure and see how it works

The last Annual Meeting made a loss

There should be one fee for the Conference and Annual Meeting

Take into account the general income from each country to make it fair

Think about the venue and cost for each

Annual meeting is a guaranteed income

Distinguish between Scholarships - you have to apply for these and need sponsorship in order to get a scholarship

Members from countries that struggle financially will not necessarily have access to scholarships.

There has to be motivation and rewards for the LOC to take responsibility for the Conference and Annual Meeting

With some profits they could choose to employ a secretary to do the administration for the events.

Proposal for Future FEPTO Conference and Annual Meeting from Members in the Meeting.

1.Venues: After 2017 in Sweden, Conferences and Annual Meetings could be held in countries where venues are less costly

2.Length of Annual Meeting: Less days for the Annual Meeting

3.Costings & Profits for LOC & FEPTO - Proposed Changes

4.Scholarships from LOC: People from certain countries could apply

5.Three people per Institute: To remain at 3 people per institute to attend

Report of the Chair of Networking and Development Committee

FEPTO AM 2016, May, 18th, Marathon, Greece



Fred Dorn

At the AM in Marathon several Small Groups were built to work on topics chosen by the participants and to learn from each other - how they do work in their working fields and how they can find possibilities of cooperation in "Times of Conflict and Change".

One Working Group was built on the topic of Networking as one activity and working field of FEPTO. This group consisted of two former Council members

- Yaacov Naor (Israel) and Norbert Apter (Switzerland) - the present Chair of Net-

working and Development - Fred Dorn (Germany), Elena Evstatieva (Bulgaria) and Endel Hango (Estonia).

So this Working Group did not specifically work on training issues to be demonstrated and studied, but how to organize Networking in a large society like FEPTO, representing almost all European and Mediterranean countries.

Though we were only five people our small group covered almost the total geographical scale of Europe and Mediterranean countries - from North - Estonia - to South - Israel - and from East - Bulgaria - to West - Germany and Switzerland.

We started from the very beginning - how to create a Network Group? - and most important - which are the basic needs? We

stated: to be perceived, to be respected and accepted, to show each other one's key how to be useful for one another and last not least to find common interests.

These were the personal thoughts of our group members, but how to combine them with the needs and requirements of an organization like FEPTO spread over all Europe

- which could be the benefit - for the organization and the different networking groups as well?



Report of the Chair of Networking and Development Committee

- How do they function?
- How the relationship to the organization should be defined - open enough to give space for self-development and as well mandatory in order to set some rules to be kept and to create a reliable and functioning system of Networking?

We tried to find some answers. We worked out a proposal on Guidelines to be consented on and put some questions that should be discussed in our community. We presented our result shortly at the end of the AM - here they are:



Report of the Chair of Networking and Development Committee

Guidelines on Networking Group

DRAFT

Introduction

FEPTO supports Networking

Networking is about creating more meaningful dialogues for our personal support and professional exchange and development as FEPTO members.

Creating networking can help FEPTO to become a broader psychodrama community and to allow more contacts and interactions. Networking activities may reduce competition, tension and unnecessary power struggles between persons and institutes and within FEPTO, and increase the possibility of professional dialogue and cooperation.

The Network committee, established within the 24th AM in Marathon starting with exploring the historic experience of Networking within FEPTO and following the purpose to support cooperation within FEPTO members on the one hand and FEPTO and society on the other hand suggests to all FEPTO members the following GUIDELINES:

Definition:

Networking within FEPTO is an encounter in which FEPTO members exchange information and possibilities for cooperation in order to create and cultivate productive relationships.

Networking groups can be:

- **PROFESSIONAL DEVELOPMENT Groups**

are groups which are working

- on members' needs (developing one's own psychodrama skills, intervention etc.)

- **SPECIAL INTEREST Groups**

are groups which are working on

- specific issues (conflict transformation, working with children...)

Report of the Chair of Networking and Development Committee

Any of these groups can have a project (beginning, budget, end, and something delivered)

Requirements to become a Networking Group

- Any FEPTO member can initiate a working group.
- The purpose of the networking group should support FEPTO Members, Goals, Rules, Guidelines, Ethics, Standards and Bylaws.
- One representative of the group is designated to be the connecting link with FEPTO council and FEPTO Community.
- The group sends the appropriate form to the Chair in charge of Networking.

Who can be a member of a Networking group?

- any representative of a current FEPTO member
- any former representative of a current FEPTO member

Who else can participate in a Networking group?

- anyone having special skills or experience and who can contribute to the goal of the networking group can be invited as a guest for one specific activity.

Basic rules for Networking Groups

- The networking group should meet regularly. The form of the meeting is up to the group (whether it be in person, skype, etc.).
- Common rules, agenda, commitments, purposes have to be agreed amongst its members.
- Networking Groups are working independently on their own resources, responsibility and on their chosen topics.
- Once a year a report should be sent to the Council in order to be published in FEPTO Newsletter. Please include photos, videos and so on.
- Networking groups have their names and coordinators' address on the FEPTO Website.

Report of Chair of Networking and Development Committee

Ideas for the future

Networking:

- Summer trainings / self development?
- Creating contacts and links with other Psychodrama- or not Psychodrama-organisations?
- FEPTO School?
- Project collaboration to be contracted with FEPTO?
- Development within FEPTO and
- Further and more Think Tanks.

Still puzzling issues

- FEPTO Council does not take any **legal, financial, ethical or any other responsibility** for the activities of any group unless having given in advance the obligatory authorization.
- **In case the FEPTO name and logo is used for public events or interventions**, the group needs to be authorized in advance from the council (respectively from the chair dealing with networking issues), according to the Guidelines of collaboration (to be created).
- **If the above stated rules, guidelines, standards and requirements are not assured or are severely violated**, FEPTO (Council and respectively Chair) has the right to suspend or withdraw the permission to act as a FEPTO network group.

Network committee's members:

Elena Evstatieva, Endel Hango, Yaacov Naor, Norbert Apter

PLEASE JOIN US!

Write comments and proposals and ask questions!

Fred Dorn

Chair of the Network and Development Committee

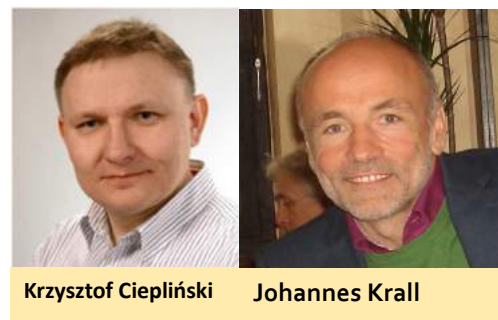
network@fepto.com

Marathon, 19.5.2016

Report of the Chair of Research Committee

Dear FEPTO Colleagues,

We would like to say thank you to those of you who sent us their proposals and ideas for the forthcoming FEPTO Research Committee meeting in Kraków entitled **Creativity in Psychodrama and Action Methods Research** and announced their presence there. The last minute access is still possible. We are expecting enjoyable and fruitful work and memorable social events. As a research network we are still flexible and open to searching for better ways of our practical research cooperation between psychodrama trainers, practitioners and students. Our group is open to new members, ideas and projects.



We are planning to organize the next RC meeting in Skopje, Republic of Macedonia 23-26th of February with support from AMIGDALA School for Psychodrama.

Please feel free contact us via the Internet for any additional information:

Krzysztof Ciepliński

cieplin@kul.pl

Johannes Krall

Hannes.Krall@aau.at

One of the main tasks of the FEPTO Research Committee is to promote psychodrama and related method research among the practitioners and researchers from others backgrounds. A particularly important question to us is building bridges between psychodrama as an approach and a well established current social science theory and research. In this context, it is worth noticing the presence of Krzysztof Ciepliński at the **9th International Conference on the Dialogical Self** which took place 7-10 September 2016 in Lublin, Poland. Krzysztof presented a paper on *Dialogical aspects of psychodrama psychotherapy* at the invited symposium entitled Dialogicality in Promotion of Personality Development. Additionally, he conducted a workshop entitled: *Dialogue on the psychodrama stage. How can we re-build our own experience in practice?* Below you will find abstracts of these activities.

Krzysztof Mariusz Ciepliński, PhD

FEPTO Research Committee

research@fepto.com

Report of the Chair of Research Committee

Dialogical aspects of psychodrama psychotherapy

Abstract: During the presentation the dialogical elements of psychodrama will be shown and discussed. Jacob Levy Moreno – the founder of psychodrama – recognized the categories of “creativity” and “encounter” as central parts of his method (Alhanen, 2016). One of the main tasks of psychodrama therapists is to stimulate or encourage patients spontaneity and support their creative performance on stage (Ciepliński, 2014). In this process, using the psychodrama techniques (like mirroring, doubling, role reversal etc.), the therapist is able to offer the client a unique dialogical situation (Verhofstadt-Denève, 2012). Dialogue can take place between real psychodrama partners (therapist/director – patient/client – other group members) and the inner patient/client “voices”, which could be externalize on stage. This previously hidden element can start or stay to be visible and “active” for the protagonist, as sides of his/her own “meaningful exchange”. PD director – using their professional resources to provoke (e.g. by asking), indicate and comment on patient/client acting – participate in the process of building a new system of the protagonist references and consequently, a new his/her self understanding. At the time of this “therapeutic encounter” the protagonist can co-create and finally, re-create their own former experiences. In this context some authors consider the dialogue between the psychodrama leader and client (in- or without context of the group) as the most relevant source of the clients/patients change (Schaller, 2016).

Keywords: psychodrama, group psychotherapy, dialogue, change process, spontaneity, creativity, encounter

The workshop:

Dialogue on the psychodrama stage. How can we re-build our own experiences in practice?

Abstract: During the workshop a practical way of using Moreno’s psychodrama techniques will be presented. The participants will experience and develop their own spontaneity and creativity. The leader of the workshop – a psychodrama trainer and certified psychotherapist – will show them how the psychodrama works as a dialogical method allowing the rebuilding of their own experiences. Personal activity and ability to maintain confidentiality will be expected. Wearing comfortable clothes allowing free movement and performance is helpful.

Keywords: psychodrama, dialogue, change process, spontaneity, creativity, encounter

Report of the Chair of Research Committee

Krzysztof Ciepliński

Co-chair of the FEPTO Research Committee



Krzysztof Ciepliński

Johannes Krall

The general strategy of the FEPTO Research Committee is based on an assumption that research can help develop the psychodrama practice as well as to contribute a strengthening of the psychodrama status as an empirically confirmed method, and consequently, make it more recognizable and acceptable by the public institutions and other professional organizations. The particular goals, task and forms of international cooperation in the field of psychodrama and action methods research were presented by Krzysztof Ciepliński at the FEPTO Annual Meeting in Marathon. Last year a cooperation between the participants was facilitated during two research meetings: in Würzburg, Germany (8-11 October 2015) and Helsinki, Finland (25-28 February 2016). The full reports from both events were published on the FEPTO Website. You will find it using these links:

<http://bit.ly/2eit2Xn>

<http://bit.ly/2dfEirm>

The most recent activity of our group was the organization of the FEPTO Research Committee meeting entitled "Creativity in Psychodrama and Action Methods Research". We met as a group of 25 participants from 12 European and Mediterranean countries on 6-9 October 2016 in Kraków – a popular touristic place, the previous capital of Poland. I would like to say thank you to those who sent proposals and ideas regarding the meeting. In Kraków we had the chance to experience our creativity in sharing research inspirations and results, discussing and developing research projects like: *Researching Intuition with Psychodrama and Action Methods* (Reijo Kauppila), *Qualitative Research Methods in Psychodrama* (Kerstin Jurdell), *Application of Action Methods into Supervision* (Johannes Krall) and *Dialogicality in Psychodrama* (Krzysztof Ciepliński). Some other interesting projects presented at the meeting were "Hearing Voices" Project (Anna Bielańska & Igor Hanuszkiewicz), *Morenian Identity, Theory and Methodology* (Paola de Leonardis & Marco Greco) and *Rescue Networks during WWII in Albania for Jews Escaping Europe and the Balkans and its Connection to Therapeutic Aspects of Psychodrama* (Efrat Kedem-Tahar). Kate Kirk & Christian Stadler presented practical indications regarding publishing articles on psychodrama and action methods. A fruitful group discussion on creating psychodrama research literature database was facilitated by Katja Kolmogoren & Krzysztof Ciepliński. A very inspiring part of the meeting was a lecture by professor Andrzej Cechnicki, the head of the Community Psychiatry Department of the Kraków Jagiellonian University Medical College focused on a long-term treatment of patients suffering from schizophrenia. Kate Kirk proposed and led creative group work on the past and future psychodrama research activity, preceded by the reading a letter from Dr Adam Blatner. The meeting was summarised and evaluated by all participants during the session conducted by Ene Vinter-van Vierssen & Dirk van Vierssen.

An additional benefit of the event were the personal encounters in the international group of psychodramatists and researchers. Participants had also a choice of visiting the old town of Kraków, the unique salt

Report of the Chair of Research Committee

mine in Wieliczka or the Concentration and Extermination Camp in Aushwitz-Birkenau. A full report from this event will be published soon on the FEPTO Website.

We are looking forward to the future of the psychodrama of action method research. As a network we are still flexible and open to searching for better ways of our practical cooperation between psychodrama trainers, practitioners and students. Our group is open to new members, ideas and projects, all are welcome.

We are planning to organize the next RC meeting in Skopje, Republic of Macedonia 23-26 of February with support from AMIGDALA School for Psychodrama. Please feel free to contact us via the Internet for any additional information:

Krzysztof Ciepliński: cieplin@kul.pl Johannes Krall: Hannes.Krall@aau.at

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Krzysztof Mariusz Ciepliński, PhD
Department of Psychotherapy and Psychology of Health
John Paul II Catholic University of Lublin
FEPTO Research Committee

Dialogical aspects of psychodrama psychotherapy

Abstract: During the presentation the dialogical elements of psychodrama will be shown and discussed. Jacob Levy Moreno – the founder of psychodrama – recognized the categories of “creativity” and “encounter” as central parts of his method (Alhanen, 2016). One of the main tasks of psychodrama therapists is to stimulate or encourage patients' spontaneity and support their creative performance on stage (Ciepliński, 2014). In this process, using the psychodrama techniques (like mirroring, doubling, role reversal etc.), the therapist is able to offer the client a unique dialogical situation (Verhofstadt-Denève, 2012). Dialogue can take place between real psychodrama partners (therapist/director – patient/client – other group members) and the inner patient/client “voices”, which could be externalized on stage. This previously hidden element can start or stay to be visible and “active” for the protagonist, as sides of



Report of the Chair of Research Committee

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Dialogue on the psychodrama stage. How can we re-build our own experiences in practice?

Abstract: During the workshop a practical way of using Moreno's psychodrama techniques will be presented. The participants will experience and develop their own spontaneity and creativity. The leader of the workshop – a psychodrama trainer and certified psychotherapist – will show them how the psychodrama works as a dialogical method allowing the rebuilding of their own experiences. Personal activity and ability to maintain confidentiality will be expected. Wearing comfortable clothes allowing free movement and performance is helpful.

Keywords: psychodrama, dialogue, change process, spontaneity, creativity, encounter



Report of the Chair of Training Committee

FEPTO AM 2016, May, 18th, Marathon, Greece

"Psychodramatist's core and specific competencies"

15 participants:

Reijo Kauppila (chair), FEPTO Council, Helsinki Psychodrama Institute, Finland

Sofia Symeonidou, Centre For Study and Application Of Psychodrama, Greece

Zoli Figusch, British Psychodrama Association, UK

Celia Scanlan, FEPTO Council

Anne-Sophie Alardin, CFIP Buxelles, Belgium

Pascal Graulus, CFIP Buxelles, Belgium

Pille Isat, Tallinn Psychodrama Institute, Estonia

Ina Hogenboom, Vereniging voor Psychodrama, Netherlands and Belgium

Marco Greco, Studio Di Psicodramma, Italy

Paola De Leonardis, Centro Studi di Psicodramma, Italy

Eva Varro, "J.L. Moreno" Pscyhodrama Society, Romania

Svetlana Nikolkova, IPP "Chiron" Sofia, Bulgaria

Jaroslawn Cliszczynski, Polish Psychodrama Institute, Poland

Evaldas Karmaza, PIFE

Tamara Cavic-Djuric, Belgrade Psychodrama Center, Serbia



Reijo Kauppila

In this meeting, participants shortly presented themselves. After that Reijo Kauppila told about the project to define core competencies of psychodramatist and psychodramatrainee. Goals and timelines already were presented in the annual meeting, and here we could concentrate on more practical issues: Where is the project now, and what is going to happen next. Last spring in Helsinki meeting was created the first, preliminary version of psychodramatist competencies.

Next meeting will be in September 16-18, 2016, in Tallinn, Estonia, and in that meeting we will define further competencies, especially specific competencies of psychodrama psychotherapist. Those are needed for EAP, in which FEPTO is a member.

Project uses a cloud service for information and all the materials. Reijo will send invitations to the cloud for those, who want to join project group, and all the interested, too.

A warm and inspired thank you for all the participants! Hope to see you in Tallinn!

Reijo Kauppila

Chair of Training Committee

training@fepto.com

Report of the Chair of Training Committee

"Psychodramatist's core and specific competencies II"

FEPTO Training Committee meeting September 16th-18th, 2016 in Tallin, Estonia



Participants:

Pille Isat, Triin Siiner and Tuuli Vellama, Tallinn Psychodrama Institute (hosts), Estonia

Endel Hango and Koidu Tani-Jürisoo, Tartu Psychodrama Institute, Estonia

Evaldas Karmaza, PlfE, Lithuania

Peter Wertz-Schönhagen, Moreno Institut Stuttgart, Germany

Hannah Salomè, Academy for Psychodrama and Group Processes, The Netherlands

Nita Wissink, NBES, The Netherlands

Reijo Kauppila, Helsinki Psychodrama Institute, Finland; chair of Training Committee

This was the third training committee meeting this year, and we continued to work with psychodramatist's core and specific competencies, which was started last March in Helsinki. In Tallinn, we were 10 participants from 7 member institutes of FEPTO from 5 different countries (about 10% of membership was represented).

We continued to work with the first version of core competencies together, and started to specify characteristics, which are specific to psychodrama in different application fields. In this work we used version made last March, and competency profiles and lists of member institutes, which participants brought with them. We utilised core competencies of psychotherapist by EAP, and specific competencies of Gestalt psychotherapist by EAGT. We worked intensively in four small groups on tasks, and managed to recognize and describe specifics for all 13 domains of core competencies.

Before next meeting in January, we will continue to process descriptions in small groups so that the first refined version is ready for comments from FEPTO membership in November, 2016, after council meeting in Dave. Refined version will include core competencies of psychodramatist, specific competencies of psychodrama psychotherapist for EAP, and possibly some sketches for other fields of application. Our goal is to present a ready version of these to FEPTO membership in AM next June 2017 in Sigtuna, Sweden.

We warmly welcome psychodrama trainers to join our team, especially you from countries and institutes, which are not yet represented in our group. You are welcome to our next meeting in January 27th-29th, 2017, in Arnhem, The Netherlands. You can join our virtual work, too. We need commentators and critical other perspectives, so, please, contact Reijo Kauppila (chair of training committee) training@fepto.com, and join this inspiring and energetic development of your own professional competencies, too!

Report of the Chair of Ethics Committee

FEPTO AM 2016, May, 18th, Marathon, Greece

Participants: Maurizio Gasseau, Luciano Moura, Anna Bielanska, Judith Teszáry, Agnes Dudler

We have been discussing more the principles of code of ethics and the necessities to have codes for training institutes.

Each training institute and/or organization should present their codes and regulations to their students, before those start the training.

Points the code of ethics for institutes should include:

- Commitment
- Who has the right to attain the psychodrama training (degrees, etc)
- Which age
- Economy – how much does the training costs including the costs for issuing the certificate, supervisions, administrative costs, etc?
- What does the institute provides?
- How many hours do the different levels involve?
- What are the requirements to move from one lever to the next one?
- What is expected from the students in order to achieve middle exams an a final certificate?
- Clear criteria for the evaluation process.
- Complain procedures.

Moreover the psychodrama training should include training in ethics and in philosophy.

Send the FEPTO code of ethics to the training institutes/organization.

Judith Teszáry

Chair of Ethics Committee

ethics@fepto.com



Judith Teszáry

Echoes From the Conference in Marathon, May, 2016

"Travelling through the echoes..."

The last Psychodrama Conference in Marathon constitutes a great experience and a precious lesson. Personally, I had the chance to "travel" through the myth of Echo and be part of the ongoing group which was based on this myth. As members of it, we had the opportunity to work together in a psychodramatic way, in order to approach and discover the unspoken, the symbols and the sounds of this Greek legend and to co-create our scene. The level of creativity and flexibility was high and the group leaders guided the group members in a very responsible way. As for the workshops, it was great meeting and working with experienced psychodramatists from various European countries, who gave us just a taste of their amazing way of working, psychodramatic tools and exercises. Interacting with so many interesting people of different countries and ages, who were all willing to share their stories by bringing their important people, symbols and objects on stage, comprises the most important thing. To conclude, I totally feel it was a great and active "journey" towards the unspoken and the transgenerational shadows and I keep the picture of all of the attendants of the Conference in a circle on our last day as a promise of our next meeting."

Romanou Olga

Psychoeducator

Trainee psychodramatist



"An exploration of the shadows

This year's 11th FEPTO Conference, "Shedding Light on the Shadows: Voicing the Unspoken in Psychodrama," was an exploration gently inviting into conscious awareness those vulnerable yet resilient shadows that deserve to be heard for the sake of personal and professional development. The workshops I participated in were windows into diverse applications of psychodrama. Whether through Dr. Antonio Gonzalez's application of Michael Checkov's "psychological gesture" tool or Dr. Lidija Vasiljevic

and Dr. Jana Damjanov's integrative application of art therapy and narrative deconstruction to trauma, I was introduced to new ways through which the shadows can come into being and obtain an adaptive value. I acquired tools to answer the question of how the unspoken can be voiced, and in doing so, received and valued the spoken, a now altered form to be integrated into a more harmonious narrative.

The ongoing group examining the myth of Achilles and his heel examined collective and individual strengths and weaknesses revealing our literal and metaphorical battles whose greatest burdens are often carried silently, without acknowledgement or confession. I uncovered experientially what happens when these burdens are concurrently voiced and compassionately witnessed by the self and others through psychodrama: the same burdening shadow acts as liberator."

Sofia Vasilakos
Psychologist

Echoes From the Conference in Marathon, May, 2016

As a first-year trainee in Psychodrama the FEPTO Conference was a great experience for me. I had the opportunity to meet with people from all over the world and with various level of experience in Psychodrama. I had also the chance to participate in workshops conducted by highly recognized psychodramatists.

The schedule of the Conference was organized in such a way that allowed to take the most of it. Participating in all these workshops and work groups I experienced in depth what I have been taught in my 1st year of Psychodrama.

At last but not least, the fact that the conference was conducted in this venue gave me the great opportunity to spend some quality time with the rest of the participants and create an important network. Contacting people, exchanging ideas, views and knowledge is the most valuable experience. I am grateful since through the 11th FEPTO conference I gained a lot of it and more than what I was expecting.

Martha Arhaoutoglou

Psychologist

Trainee in psychodrama

"In May 2016 I was part of the FEPTO Conference, which was held in Marathon, Greece. The title of the conference was really intriguing for me "Shedding Light on the Shadows. Voicing the unspoken in psychodrama." It was real pleasure for me to be part of this conference because there were such interesting people from all over the Europe and of course, the themes of the workshops were very interesting. I saw many different points of view and trainers working in a way that is different from the way I work and this is always inspiring. The truth is that I enjoyed a lot the professional part of the conference but I also reached some personal insights and this was very important to me. Then I was thinking how many unspoken things we have in our everyday life and it's amazing how they reflect our behavior, our thoughts and life. The unspoken plays a big role changing our history, personal one, national one and any other kind of history. In fact the (unspoken) life of our grandparents reflects on us so many years later. That's why the myths, which were the main topic of the on-going groups, are always so touching. The shadows are alive in us today and will live in the future generations. I want to say special thanks to our colleagues from Greece, the idea was really amazing, also the performance of the myths, and the whole organization! And I am looking forward the conference in Stockholm!"



Kristina Gotseva-Balgaranova

Psychologist, Psychodrama therapist, Institute for Psychodrama practices "Chiron", Sofia, Bulgaria

Echoes From the Conference in Marathon, May, 2016



"I participated in "Shedding Light on the Shadows. Voicing the unspoken in psychodrama" which was held in Marathon, Greece, May 2016. That particular topic was very important and personal to me. It gave me the chance to explore unspoken themes in my life and in my family history. It also gave me new glaze on my therapeutic work with the clients.

The workshops in which I participated gave me new ideas and knowledge how to become a better psychodrama therapist. It was very interesting and rich experience to meet and to work

with other participants from different countries.

I would like to thank the Greek colleagues for their warm hospitality and the council members for organizing this wonderful year event."

Sonia Semah

Psychologist, Psychodrama therapist

Institute for psychodrama practices "Chiron", Bulgaria

"I was part of the 11th FEPTO Conference Shedding Light on the Shadows in Marathon. It was my first participation in FEPTO conferences. There were people from all over the world. It was so interesting to work together with people from different countries. That diversity gave me both experience and inspiration. I saw new ways of leading I haven't seen before. I did a lot of personal work in some of the workshops. Although working with shadow is not so easy, as C.Jung said "No tree can grow to heaven unless its roots reach down to hell". Last but not least the organization of the conference was way beyond my expectations."

Denica Petrova

Jungian Psychodrama Trainee, Bulgaria

„It was my first participation at a FEPTO Conference and the experience was incomparable. It was a great mixture of cultures, approaches and most of all – different psychodrama techniques. The place and hospitality definitely contributed to my overall impression. The theme was very intriguing to me and the way it was presented was nothing even close to what I expected. The main thing I noticed was the common atmosphere during the different workshops – I had the feeling of freedom, spontaneity and something I can describe as a "message" that sounded like "mistakes are acceptable". Maybe this is what touched me most – the people leading the workshops were not "perfect", the organization was not "ideal", but still the "result" was genuine and deep, at least for me."

Vanya Lambeva

Psychologist, Psychodrama Therapist, Institute for psychodrama practices "Chiron", Bulgaria

Minutes of the General Assembly, Marathon, May, 2016

FEPTO

24th GENERAL ASSEMBLY

WEDNESDAY, MAY 18th 2016,

Marathon Greece

Minutes of GENERAL ASSEMBLY

General Assembly Part I

1. Opening the General Assembly - President Hannes Krall and Vice President Milena Mutafchieva
2. Appointment of the secretary Stefan Flegelskamp and members to check the minutes - Jacomien Ilbrink-De Visser, Maxine Daniels
3. Establishment of the Marathon Quorum = 52 We can have 102 votes
4. Appointment of the vote counters - Mirjana Jovanovska Stojanovska, Annick Milet Wagner, Eduardo Verdú, Zoli Figusch
5. Approval of the agenda of the General Assembly - **Approved with one change. Topic 18 is removed**
6. Approval of the Bonn General Assembly Minutes - **Approved unanimously**
7. Reports of the Executive Council

a. President

Hannes Krall reported that the work in the Council, after an initial difficult start, was very productive in the past year. The climate in the Council was very warm, cooperative and task oriented.

The Council was able to learn from the incident in Bonn and the Council proposes two changes in the procedure.

1. Change the transition process by means of a formal ritual (Sept. FN, Agnes Dudler)
2. Change the voting procedure
 - there will be a call for new Council members in the newsletter
 - present Council members are to make a job description
 - applicants for a position on the Council should indicate their main area of interest, expertise and level of responsibility they can take on
 - the installment process should be supported by a facilitator.

The process of revising the constitution has been started.

The president expressed his gratitude to all present Council members for their contributions so far. He is very thankful to our Vice-president Milena Mutafchieva for her sharing and her feedbacks regarding current matters. He also expressed his appreciation for the work of our webmaster Horatiu Nil Albini who is taking care for our website and who is helping us with creative

Minutes of the General Assembly, Marathon, May, 2016

ideas and feedback. The main task of the president was to coordinate and support the chairs of the committees and to prepare the Exec and the Council meetings. Priority has been given to the preparation of the FEPTO Annual meeting, the Conference and the Council meeting in Marathon. The AM programme and the Agenda for the GA were specified and all information were put on the website and sent to the members on time.

Comments:

Maurizio Gasseau proposes to install a committee for changing the constitution and to reflect whether it would be possible to put the changes in the by-laws.

Galabina Tarashoeva proposes to change the election procedure by creating a nomination process and to install a committee for changing the constitution.

b. Vice President

Milena Mutaftchieva reported in her role she was responsible for coordination of the council work during the last year in cooperation with the president. She shared her satisfaction regarding the fruitful and productive cooperation amongst the Council members, and she emphasized the important role of Hannes Krall in his role as a president in the process of looking for constructive solutions. She participated in the Executive Council meeting in Helsinki and has contributed to accomplishing the goals of the meeting.

She was involved in preparing the program of the Annual meeting in Marathon and she gave her gratitude to Nikos Takis for his excellent work as a local host and the preparation of the whole information for the website concerning the Conference and AM, 2016 on time.

c. Treasurer report 2015

Chantal Nève-Hanquet reported the FEPTO - income and the expenses 2015. She explained the specific reasons for the council meetings costs.

d. Auditor's report / Approval of the revised accountancy

The auditors praised the excellent work of the treasurer and recommended the discharge of the council. The result in 2015 was a loss of 4212.-€, which will be covered by the reserve.

Hannes Krall remarked that membership fees will not be raised, but that the reserve will be used for extra expenses.

8. Discharge of the Council

Dana Dragoteanu proposed to discharge the council – **Approved unanimously**

9. Reports of the Chairs of the committees

a. Training Committee report (Reijo Kauppila)

The aim of the Training Committee was to define and describe FEPTO training standards of trainees, practitioners and psychodrama trainers, and to provide recommendations and examples of training programs in different application fields of psychodrama. The Committee supports trainers' professional development, and fosters inspiring professional networking of member institutes too.

The goals of Training Committee for 2015–2016 are:

1. To define the competencies of psychodrama trainees / practitioners working in therapy

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or psychotherapy – and to define specific competencies according to EAP.

2. To define the competencies of psychodrama trainees / practitioners working in other fields of application: education, organization, social work, etc.
3. To define competencies of psychodrama trainers.
4. To organize a week-end seminar for FEPTO members, possible theme could be: “New Learning Technologies in Psychodrama Training” (Theme will be decided by training committee).

Training Committee has started to work on the 1st and 3rd issues in goals. TC has had one working meeting in Helsinki, March 4th – 6th, 2016 with the theme “Psychodramatist’s core and specific competencies”. In order to ensure progress, an urgent call is made for participation on this committee.

b. Membership Committee report (Celia Scanlan)

Celia Scanlan confirmed that we have three applications ready to be voted on at the GA Marathon. Moreover, there are two interested quests present at this meeting: i.e. organizations from Serbia and Russia.

At current Celia is working on two issues:

find a better way of accessing documentation about applicants

clarifying who is eligible to be a referee for an applicant and devise guidelines for this.

She asked again for volunteers to work for the Membership Committee. The task is to read the application for membership. This is interesting work and is not onerous, especially if this work is done by more volunteers, since on average we have about 3 applicants each year. This is an excellent way to become involved and gain some understanding of the workings of the Council. Celia thanks Dana Dragotescu for all her work in scrutinizing the applications this year.

Comments:

Edwardo Verdu states that Council members should be excluded as referees.

Peter Hayworth requests clear guidelines on the website

A lively discussion ensues revolving on the issue what should be done to ensure that once admitted as a member, members are entitled to keep their membership.

Celia proposes to, in line with EAP, have members re-apply after 7 years.

Norbert Apter and Hannes Krall propose to install a committee for the procedure of reapplication.

c. Ethics & International Affairs Committee report (Judith Teszáry)

First Judith Teszáry went through the documents of the previous chairs, looked at the decisions and read the latest version of the Complaint procedure. In her opinion this was excellent work, and she recommends the member institutes to take advantage of it to complete or improve their complaint procedure. Standing procedure is to first refer complaints back to their country of origin. However, FEPTO is federation of training institutes and Judith thinks that it would be appropriate to create guidelines, a code of practice for training institutes. Judith made a net-research to find out if there are such guidelines. She started to create a

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document of guidelines. She had a meeting with the chair of Ethics Committee of IAGP, Göran Ahlin in Stockholm, to discuss and get advice.

Judith requests all members to send her their code of practice for their training institutes or accrediting organisations to help establish a common regulation for FEPTO.

In Marathon she intends to establish a working group for further collaboration in creating the codes.

Comment: Jorge Burmeister asks who elects the members of the advisory Board for ethics complaints

d. Annual Meeting Committee report (Nikos Takis)

For this year it has also been decided by the council, at the request of Georgios Chaniotis from the Institute HAGAP, Greece, that apart from the name and the country of origin of each participant, the name of the Institute that he/she represents will also be written in his/her badge. Another innovation is that in the Marathon Annual Meeting there will be more emphasis given to the research projects conducted by the members of the Research Committee. During the last day of the meeting, there will be a presentation by Antonio Gonzalez, Ph.D., Professor at ISPA-IU and member of the Committee, and Dr. Catherina Mela, M.D., Chair of IAGP Research Committee and IAGP Secretary. The contribution of Dr. Mela strengthens the affiliation and the close collaboration between our Federation and IAGP, the association created by Jacob Levy Moreno.

Furthermore, the Annual Meeting Committee will propose the revision of the guidelines for the organization of the Annual Meeting, in favor of the Local Organizing Committee. More details will be announced in the next report.

Special thanks are due to the members of the Local Organizing Committee for their devotion and hard work during the last months. Their contribution was of major importance and without it the successful realization of both events would not have been possible.

Lastly, we also announce that the 26th Annual Meeting will be hosted by Bulgaria, in 2018. The 25th one, as it is already announced will take place next year in Sweden.

e. Development & Network Committee report (Fred Dorn)

Fred Dorn took the responsibility for the Chairs of Development and Network, now combined into the Chair of Network Groups, from the predecessors Yaacov Naor and Norbert Apter. He wanted to pursue their intentions in creating a structural base for the fulfillment of FEPTO objectives in creating network groups, especially the promotion of interchange between the members of FEPTO. In order to keep the balance between independent work of the network groups and responsibility of the institutes represented in the network groups and their common commitment to the principles and purposes of FEPTO, it shall be the responsibility of the Chair of Network Groups

- to prepare rules and guidelines,
- to create structures of exchange between members and subgroups,
- to develop different forms of internal (intervision) and external (running international projects) cooperation,

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thus to contribute to the promotion of the development of psychodrama on a European level. Network groups are the connecting link between the society all institutional members of FEPTO are working and living in and the FEPTO-community. Their main tasks are as formerly stated in a paper written by Yaacov Naor.

At the AM Fred would like to invite all members of Network Groups present to take part in the Small Group sessions and to be ready to explore their needs, interests and requirements in regard to their relationships to FEPTO community and Council and to each other. He would like to come to an appointment with the representatives (coordinators) of the network groups in order to produce binding guidelines and reliable structures of networking within FEPTO.

f. Research committee report (Krzysztof Ciepliński & Johannes Krall)

FEPTO Research Committee is a growing network of psychodrama researchers all over Europe and the Mediterranean countries. Right now we have more than 40 active RC members from 16 different countries. Among us are colleagues differing in age and experience in psychodrama practice, working at different places like universities, hospitals, educational settings, social work and private practices. We cover a broad range of research experiences from professors and lecturers, practitioners in psychodrama investigating their practices of university graduate and post-graduate students.

We believe that research can help develop the psychodrama practice as well as contributing to strengthening the status of psychodrama as an empirically based method. Consequently, more recognizable and acceptable by the public institutions and other professional organizations.

Our last FEPTO RC Meeting entitled "Research, theory and practice in dialogue" took place on 25-28 February 2016 in Helsinki. We met as a group of 41 participants from 13 countries. We are very thankful to our LOC Mari Rautiainen and Reijo Kauppila, who were wonderful hosts. A short overview of the content of our meeting was reported in the FEPTO News in March. A final report is available on the FEPTO website.

We are planning to organize the next FEPTO RC Meeting on 6-9 October 2016 in Kraków (Poland) in cooperation with the Polish Psychodrama Institute and Jagiellonian University. Our next next meeting is planned for 23-26 February 2017 in Skopje, Republic of Macedonia with the support of AMIGDALA School for Psychodrama.

g. Communication Committee report (Milena Mutafchieva)

As a chair of the communication committee she was responsible for editing the regular issues of FEPTO newsletter (15.3 and 16.1) which were published on time with contents covering a wide diversity of topics and events in the European Psychodrama Society. In addition, she coordinated the updates of the website with the inestimable help and collaboration of Horatiu Nil Albini who was responsible for uploading all materials and the improving the website. She was responsible also for updating the information in the FEPTO Facebook page and reported that all information concerning all running activities of the organization were published and reached many users. There was an increase of the total amount of people that were reached by our publications (1018 people reached). In addition, she claimed that it is very important to achieve higher activity on the Facebook page and will look for future improvements.

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She stated that the most important achievement of the last year is the fact that the Council members worked in a good atmosphere and in accordance with the main goals and ideas of FEPTO.

Milena calls for input of ways of improving communications.

11. Budget 2016- approval

The budget 2016 - available as Power Point - was presented by Chantal Nève-Hanquet. She emphasized that the FEPTO membership-fees will not rise up in 2016.



FEPTO BUDGET 2016

Euros Euros

Incomes

<u>Membershipsfees</u>						X	
Founding Members	440		4X110		4	X	
Training Organisations	14300		46X250	9X160	17X80	72	X
Accrediting Organisations	1910		7X250	2X80		9	X
Application Fee	300						X
Interest	200						X
Reserve	3450						X
Total of Incomes		20600					X

Expenses

						X
Officers	1200					X
Board Meeting 2+1	10000					X
Accountancy + Audit	600					X
Newsletters	500					X
Bank costs	100					X
EAP	1100					X
Research	3500					X
IAGP Membership	400					X
website	1000					X
International Affairs	500					X
Membership extranet	300					X
Network	800					X
Training	600					
Total of expenses		20600				X

Approved: 3 no; 3 abstentions; 86 yes

Comments of the membership were to raise the amount of money for Council Meetings in order to ensure a reserve for future meetings, as now they are hosted at Chantal's house. Proposed is an amount of €3000. Furthermore, it was questioned why there is such a large Board and it was proposed to work with working committees.

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GENERAL ASSEMBLY Part II

12. Approval of New memberships on the recommendation of the council

Applying institutes steps of the process:

Celia Scanlan explained the application procedure and confirmed that all institutes fulfill the FEPTO requirements. She recommends voting in favour of these Institutes.

Requirements:

- Attend an Annual Meeting once as guest.
- In the year of application there is a timeline.
- The application should be sent as early as possible, but not later than the end of September.
- The Membership committee will study the files and prepare for presentation at the November Council Meeting.
- The Committee will engage in a dialogue with the applicant if necessary and may ask for further clarification.
- When the Council accepts an application as meeting FEPTO requirements it is published on the FEPTO website.
- The deadline for questions is 6 weeks before the GA. This period allows 2 weeks for discussion within the Membership Committee and 4 weeks for a further dialogue with the applicant.

13. Welcome new members and voting results

Voting	Yes	No	ABS
University of Haifa (Israel)	89	5	3
Association of Psychodrama (Ukraine)	80	11	6
Centre of Study and Application of Psychodrama (Greece)	94	2	1

The entire community welcomes the new members with warm applause.

14. Date and place of 2017 the Conference and Annual Meeting

Judith Teszáry presented pictures of the next FEPTO Conference and AM venue in Sigtuna Sweden.

The conference will take place 16th-18th June and the Annual Meeting 18th-22th of June.

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15. Place of 2018 Conference and Annual Meeting

Katerina Ilieva of the Psychodrama Institute for Psychodrama Practices “Chiron” and Elena Evstatieva of the Bulgarian Society of Psychodrama and Group Therapy invited the FEPTO members in 2018 to Bulgaria.

Proposals for FEPTO AM and Conference 2019.

Pille Isat (Estonia) and Reijo Kauppila (Finland) started the discussion to cooperate between two countries for organizing the FEPTO-events 2019 in Estonia. Further proposals for being the LOC in 2019 are welcome.

16. Task Force for Peace Building and Conflict Transformation: Request for becoming FEPTO project

FEPTO Task Force for Peace Building and Conflict Transformation is a FEPTO Project - yes/no

The project of FEPTO Task Force for Peace Building and Conflict Transformation is:

- 1.To build up strategic partnerships with universities and other institutions based on organizational link with FEPTO.
- 2.To promote Psychodrama around Europe and Mediterranean countries focusing on topics relevant to society such as “Collective Trauma”.
- 3.To promote the application of Psychodrama and Sociodrama within conflictual situations. The Task Force will not act or intervene in conflict situations but will support members who work on peace building and conflict transformation.
- 4.FEPTO has no financial or legal responsibility for the project activities.

A heated discussion followed suit, revolving around the question, “How does this Task Force differ from a networkgroup? and does this group need another status. Norbert Apter questioned the legal aspects of this request under Belgian law. Hannes will check this question with the Belgium lawyer. Oded Nave asked about the insurance issues arising out of this proposal.

Voting:

Yes: 42

NO: 33

Abstention: 9

Invalid:

Result: The majority of the GA voted **Yes** for the request of the Task Force for Peace Building and Conflict Transformation to become a project of FEPTO. However, it is not clear how to count the

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votes according to Belgian law. This also needs to be checked and it is proposed to re-vote next year, when there is more clarity about what voting for this Task Force entails.

17. Revision of Guidelines for Organizing FEPTO AM and Conference.

Nikos Takis announced that the Annual Meeting committee will revise the Guidelines for organizing the FEPTO Conference and AM. He pointed out that some financial aspects especially the sharing of the financial risk between LOC and FEPTO is not fair.

The committee will engage in these issues.

18. Any other businesses

Reijo Kauppila informed about the current situation about the Extranet project:

Extranet is ready to be put in use.

All members are in the system.

From all members there is this information in extranet:

- Name and address
- Name and email address of contact person
- Type of membership
- Amount of membership fee
- Date of the beginning of membership

The members will get an email from secretary in June with instructions on how to login and use the extranet.

All members will get an email from the extranet system with a link to the extranet and a password.

There will be a link to the extranet on FEPTO web page.

19. Closure of the General Assembly

Stefan Flegelskamp
Secretary of FEPTO

Note: The minutes were proofed by Jacomien Ilbrink-De Visser and the entire council Due to the fact that we had transcription errors Maxine Daniels could not reviewed the minutes.

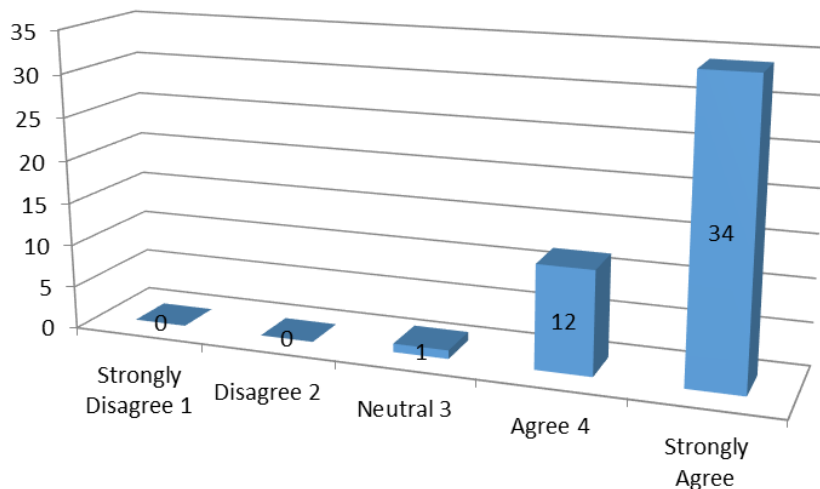
Voices from Annual Meeting Marathon, Greece, May, 2016

Regarding the VOICES questionnaire, which aimed at collecting information on the experience of the participants in the Annual Meeting, it was completed this year by 47 members of our community, a number considerably higher in comparison to previous years. You can find the results of the VOICES from the AM on the following graphs (n=47):

Q1: Overall, I am very satisfied with this Annual Meeting
(mean=4,7, SD=0,51, n=47)



Nikos Takis



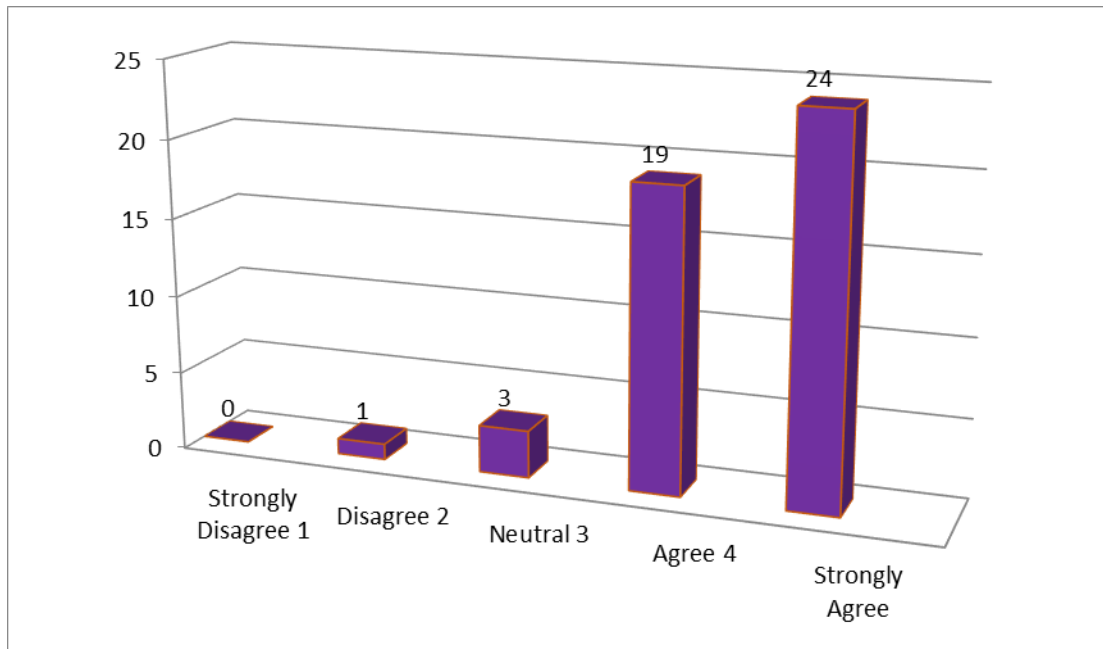
The overall perception is that the meeting is as it can be seen in this graph, extremely positive (mean 4,7 out of 5).



Voices from Annual Meeting Marathon, Greece, May, 2016

Q2: I liked the content and the structure of the program?

(mean=4,4, SD=0,71, n=47)



As you can also see in the above graph, the vast majority of our fellow colleagues appraised positively the content and the structure of the program of the Annual Meeting.

Many participants (n=17, 36%) praised the small groups on the different aspects of the issue of conflict and cooperation. They reported that the work accomplished there was very substantial and they enjoyed it. 10 participants (21%) appreciated highly the large group that focused on conflicts within FEPTO. Other issues that were deemed as positive and reported are:

Hospitality, warmth and care by the Local Organizing Committee (n=10, 21%)

Importance of focusing on the topic of conflicts and cooperation (n=7, 15%)

Structure/ Organization (n=7, 15%)

Location, Venue (n=7, 15%)

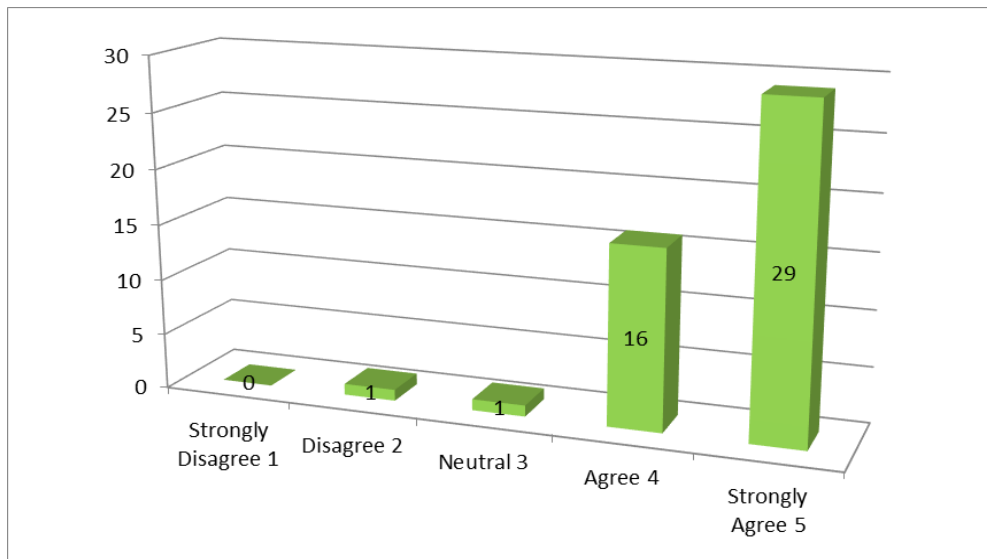
Music, dance, social activities (n=4, 8,5%)

Presence, attitude and behavior of the Council (n=3, 6,4%)



Voices from Annual Meeting Marathon, Greece, May, 2016

Q3: The Information before and during the meeting was sufficient, adequately and timely disseminated (mean=4,55, SD=0,65, n=47)

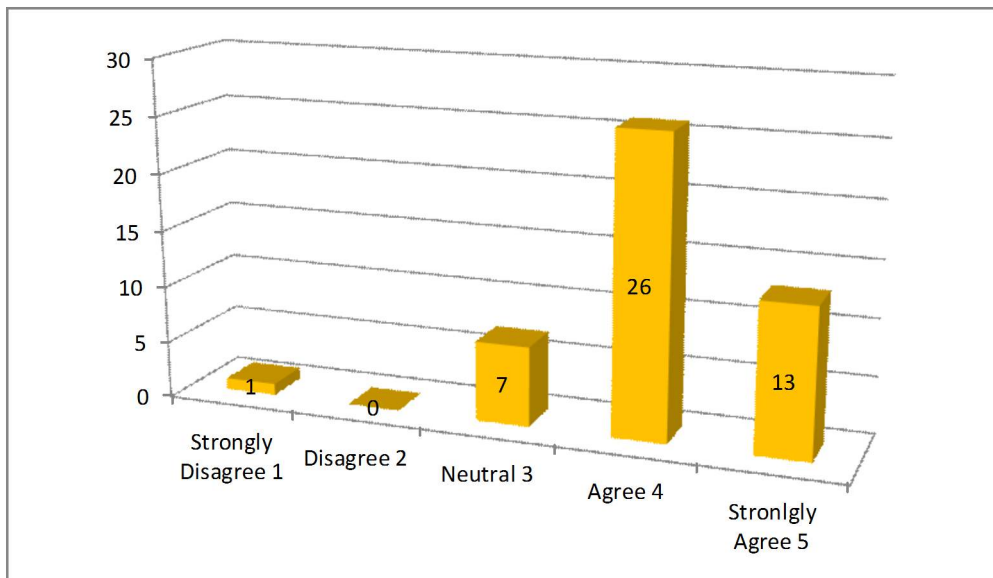


The results in this question showed that the FEPTO community considers that all information relevant to Annual Meeting was announced on time and properly, according to our regulations.

Q4: I developed additional professional and/or training skills by attending this Annual Meeting (mean=4,06, SD=0,79, n=47)



Voices from Annual Meeting Marathon, Greece, May, 2016



In terms of the learning and training component of our Annual Meeting 7 participants (15%) reported that they benefited mainly from the exposure to the different ways and styles of practice and implementation of the psychodrama and sociodrama techniques, as well as the encounter with other psychodramatists. Once again, 5 colleagues (11%) referred to the importance and the educational dimension of the work in small groups. Other issues that were reported as important training experiences:

Facilitating Large Groups (n=3, 6,4%)

Gaining experience on directing groups in organizations (n=3, 6,4%)

Knowledge on FEPTO networks

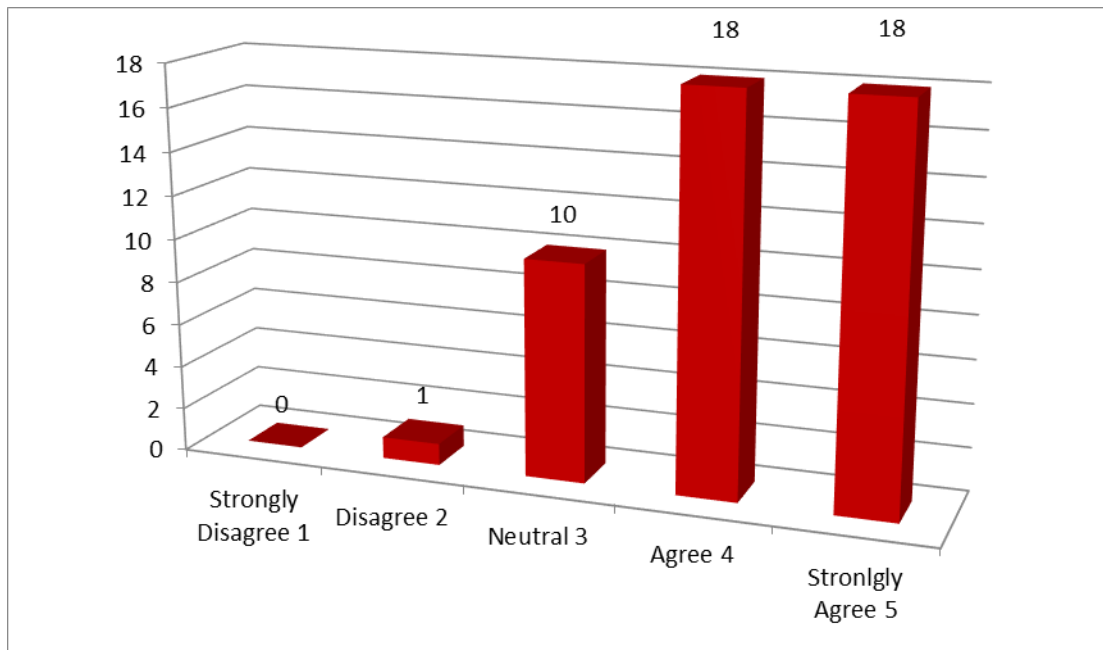
Knowledge on the psychodynamic approach on groups

Knowledge on Psychodrama research

Q5: I am satisfied with the General Assembly
(mean=4,13, SD=0,83, n=47)



Voices from Annual Meeting Marathon, Greece, May, 2016



There were several interesting and noteworthy remarks about the General Assembly. 5 participants (11%) mentioned that the request of the Task Force for Peace and Conflict Transformation was unclear and not thoroughly discussed. It is also reported that the Task Force's request was not treated very helpfully. The other remarks were:

The vote counting should be more organized (n=2, 4,2%)

There have to be more sessions in large group and less time for the General Assembly, it is too much sitting, thinking and listening.

The council should greet people in the beginning and present its work throughout the year

Something clever has to be scheduled for the last day (Thursday) in order to keep people in the Annual Meeting until the end

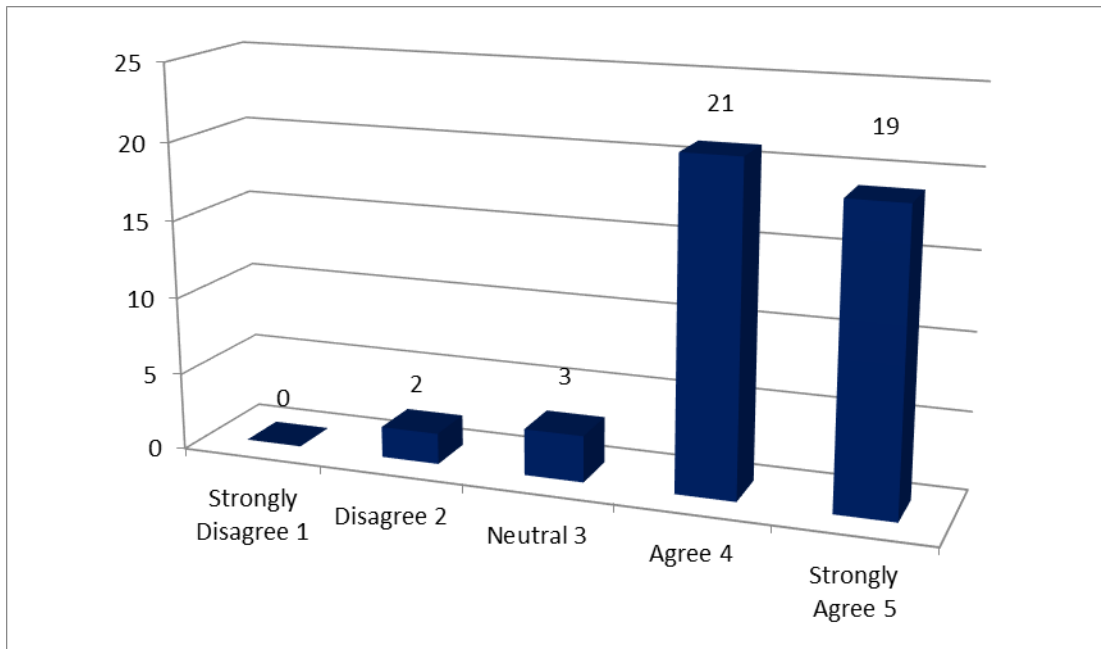
The treasurer's report has to change and/or be shorter

There have to be rules (Robert's) for the direction of the GA

Nikos Takis

Voices from Annual Meeting Marathon, Greece, May, 2016

Q6: The presentation and voting process of new member institutes/ organizations was adequately carried out (mean=4,25, SD=0,81, n=45)



Q7: What could have been done differently?

This question refers to parts and components of the Annual Meeting that did not function well. About the structure, it is reported that the voting discussion should be organized differently and the duration of small groups' session should be shorter.

Regarding the warm up to the AM topic there were many responses. Many of our colleagues wrote that more time was needed for networking and interaction among participants, so as to meet each other more substantially. The need for more connection between newcomers and senior participants is also reported.

Content wise, one colleague wrote that we need follow up on the topics that were addressed in Obidos (we need marketing) and Bonn (promotion of psychodrama), since marketing is a vital topic. Another remark was that in this year's title there were two topics included, whereas there should be only one.

Voices from Annual Meeting

Marathon, Greece, May, 2016

Other issues that were brought up were:

- The AM fee is very expensive for some colleagues and it should vary depending on the country of residence.
- More punctuality on timing of the activities was needed
- There should be different groups for work on personal topics and work on theoretical issues
- Social dreaming matrix should be used for the closure
- The hotel should be smaller, maybe only for our meeting.

Q8: Be creative: Topic or subject for the next meeting

Our colleagues were creative indeed! Here are the ideas proposed:

- Action Methods and Sociodrama for Europe
- What does FEPTO mean to us/ different members?
- FEPTO's birthday, how we grow, aims for the future
- Fears and Defenses/ Anxiety and Groups
- Dealing with sexuality and violence in Psychodrama
- Culture/ Group/ Individual
- Challenges of Pyschodrama in a changing world (practice, research)
- Include learning and teaching process in Psychodrama
- Ethics/ Justice/ Conflict Transformation in Psychodrama
- All new is a forgotten old/ new idea in Psychodrama practice/ Creativity
- Love is a dance between light and shadow/ Intimacy
- Spontaneity
- The place of Catharsis in Psychodrama groups
- Selling Psychodrama
- Development in Psychodrama theory/ contemporary contributions/ blind spots in Psychodrama theory

Q9: Other comments

In this section many of the participants (n=17, 36%) thanked the Council and the LOC for the organization of the 24th Annual Meeting, the hospitality and the genuine interest and care they demonstrated.



Some outcomes from the AM

1. What theory do you work with?

In order to deal with conflicts and changes.

Psychodrama theories:

- * Sociometry
 - See the sub-groups
 - See their relations
 - Help people to express themselves
- * Role theory
- * Developmental model of Moreno

Additional theories:

- * Systemic
- * Constructivism
- * Evolution
- * Theory of Learning Organisations
- * Leadership theory
- * Team Leadership by Belbin
- * U-theory by Otto Scharmer
- * Rogerian theory
- * Change theories

2. Which techniques do you apply?

- * Work with sociometry
 - ⇒ make sub-groups visible
 - ⇒ Ask: "With what sub-group would your sub-group need closer cooperation to succeed in your work?"
 - ⇒ F Picturetentiations weerety and empathy in the group to make those possible. ed in collaboration with others n, 2000, p. 10. What is our (hidden) commitment?
- * Use time line
- * Find a symbol to show the hand over from "old" to "new".
- * Axiodrama
- * Sociodrama
- * Non-violent Communication
- * Playback techniques



Invitation for the Next FEPTO Conference and Annual Meeting

Celebrating FEPTO 25th anniversary in the Nordic Light

FEPTO is going to celebrate its 25th anniversary in Sweden, when it all began for 25 years ago with 29 participants from 17 countries. Our federation had many names before its constitution was voted on in Louvain, Belgium 1996. You can read more about FEPTO history on the home page.

The place we choose is Sigtuna, which is the oldest town in Sweden founded 970 AD.

The meeting will take place when it is Midsummer, one of the most important holidays. See this video to warm up a bit to the longest day of the year.

<http://bit.ly/SNn2Kx>

Sigtuna is near to Stockholm/Arlanda airport, easy to reach by public transportation or by taxi.

Dates:

FEPTO Conference 16-18 June 2017. It begins Friday afternoon and finishes at Sunday lunch.

“Compass and Compassion”

A conference on morenian ethics and philosophy

What is to act right?

How can morenian theory, philosophy, ethics, justice and the methods of psychodrama, sociodrama and sociometry contribute to meet the demanding challenges in Europe and the world?

Invitation for the Next FEPTO Conference and Annual Meeting

FEPTO Annual meeting 18-22 June 2017. It begins at Sunday late afternoon and finishes on Thursday 22nd June at lunch time.

The topic is to be decided after the council meeting in November.

More details about the topics and the whole organisation will come in the next FEPTO News.

A warm welcome to you all!

The local organizing committee (LOC)

Judith Teszáry (coordinator) Mariolina Werner (secretary) Eva Fahlström-Borg, Monica Westberg, Kerstin Jurdell, Gunnel Carlsson.

Judith Teszáry

jteszary@gmail.com



Invitations

Invitation to FEPTO Training Committee meeting January 27th-29th, 2017, in Arnhem, The Netherlands



Psychodramatist's specific competencies in different application fields of psychodrama

We will make summary of feedback, and continue recognizing and defining specific competencies of a psychodramatist. This work is based on core competencies of psychodramatist, which we already have defined. We use other available materials, too. The goal is to finish first versions for different fields of application.

We will start on Friday 27th, at 6 pm, and end working on Sunday 29th, at 1 pm. Hannah Salomè has kindly invited us to her institute in Arnhem, The Netherlands.

We especially invite psychodramatrainers from institutes in Middle Europe and Mediterranean area, because now we have a strong representation of Northern European professionals and training programs. Come to enrich and share your expertise with us – together we can co-create something new for FEPTO! Of course, others are very welcome, too.

Contact Reijo Kauppila (chair of training committee) as soon as possible, so that you can join our process even before Arnhem: training@fepto.com.

Welcome to join us to develop FEPTO more professional in training – and to get ideas and inspiration for your institute and yourself!

- ♦ Support FEPTO to grow professionally stronger
- ♦ Come to develop your own professional competencies and—of course—your institute's

Invitations



FEPTO Networkgroup Meeting

Psychodrama with Children and Youth

Please

Save the dates

3th February-5th February 2017

The psychodrama for children and youth network group will meet in Budapest at this weekend.

Final Invitation and program will follow this autumn.

Looking forward to meeting you!

Stefan Flegelskamp, Hilde Gött & Fabian Blobel

s-flegelskamp@t-online.de

Any other business

For the development of FEPTO

Dear colleagues,

I would like to share my reflections about the development of fepto with you. Since the AM in Oslo 2012 I think we do a very good job in the small groups not only on general training topics, but also on questions of the development of FEPTO. Sometimes I am not content with the transfer of the small group results into the plenum, miss a further discussion there and the transfer to the next annual meeting.



Frank Sielecki

I believe that we have come to very good results in the small groups of the annual meetings in Oslo, Spain, Portugal and Bonn, but we didn't work further with this results.

Why didn't we do this? Am I the only one who is missing it?

The development of fepto is often a topic in the informal talk but also in the small group work, and the outcome of the small groups work is really a big marvellous treasure for our development as a growing organization.

Why don't we use this treasure?

How vivid and impressive were the results of the small groups in Oslo (initiated by *The wild duck*, Ibsen) with the analogies to the „fepto-family“, and how archaic and deep the results of the work with the *cave paintings* and the archaic roles in Spain etc.

Exactly here – in this specific kind of work - I see the main psychodramatical treasures ... We could learn so much from this together in a constructive way...

Why don't we make more use of it?



Frank Sielecki

Any other business

Dear Psychodrama Supporters:

In the fall of 2015 The American Society of Group Psychotherapy and Psychodrama (ASGPP) established a Zerka T. Moreno Memorial Task Force. Dale Richard Buchanan, Jeanne Burger, Karen Carnabucci, Linda Ciotola, Linda Condon, Kate Hudgins, Louise Lipman, Ed Schreiber, and Sandy Seeger served on the Task Force. The purpose of this task force was to be prepared to send out death notifications when Zerka passed, and to agree upon ways to honor her after her passing.

This task force unanimously agreed upon three priorities:

- Printing a special Zerka T. Moreno Memorial issue of The Journal of Psychodrama, Sociometry and Group Psychotherapy;

- Raising funds for the Countway Medical Library so that the Zerka T. Moreno Collection can be accessioned and catalogued; and

- Establishing a Zerka T. Moreno International Scholarship for the annual meeting of the ASGPP. In September 2016, the ASGPP approved these three recommendations and appointed Dale Richard Buchanan to serve as Chair for the Zerka T. Moreno Memorial Fund.

The first monies raised (approximately \$7,000) will be used to print and mail the special memorial issue of the journal. The next priority is to raise approximately \$10,000 so that the Countway Medical Library can catalogue Zerka T. Moreno's materials. Any additional monies raised beyond the first two priorities will be used to fund Zerka T. Moreno scholarships for the annual meeting.

The Countway Medical Library is the professional library that is home to the J. L. Moreno Collection. It is the Medical Library for both Harvard University and Boston University. Zerka T. Moreno's materials will not be available to scholars and researchers until the materials have been catalogued. Once catalogued the library is responsible for the administration and upkeep of this permanent collection. The Countway Library has informed us that when all her materials are catalogued, organized and summarized in an online-accessible "finding aid", there will be approximately 18 cubic feet of books and 17 cubic feet of manuscript items in the collection.

Individuals or institutes may transfer money to the Zerka T. Moreno Memorial Fund and may be entitled to treat the transfer as either a tax deductible charitable donation* or as a tax deductible business expense*. The ASGPP has agreed to waive all administrative expenses and 100% of all monies raised will go directly to the Fund.

To date, six individuals have pledged \$7,500 (Two have pledged \$2,500; one has pledged \$1,000; and three have pledged \$500). While all donations will be accepted, persons who donate \$100 or more will

Any other business

be listed in the memorial issue of the journal, and in the next several issues of Psychodrama Network News. After the first \$100, donors will be listed by amounts of \$500 (e.g. \$100 or more, \$500 or more, \$1,000 or more, etc.). Donors may also choose to be listed anonymously.

A copy of the Zerka T. Moreno Memorial Journal will be mailed to all ASGPP members in good standing. Any person who donates \$100 or more and is not a member of the ASGPP will receive a copy of the memorial issue of the journal; any person who donates \$500 or more will receive a second copy of the memorial issue of the journal. Individuals may make a charitable contribution by going to the ASGPP website (asgpp.org), clicking on the "donate" button and selecting the "Zerka T. Moreno Memorial Fund."

Charitable contributions can also be made by check, made payable to the ASGPP and sent to the offices of the ASGPP. The address is:

ASGPP

301 North Harrison Street, Suite 508

Princeton, NJ 08540

Individuals and Institutes may contact the ASGPP office (asgpp@asgpp.org) for more information about becoming a sponsor.

Collegially yours,

Dale Dale Richard Buchanan Chair, Zerka T. Moreno Memorial Fund Linda Linda Condon President, ASGPP

*Consult with your advisor as to appropriate tax treatment. ASGPP is a qualified 501(c)(3) tax-exempt organization.

To live,
to strive,
to wonder,
to stray,
this seems to be.

To give,
to take,
to do,
to die,
this has to be.

To loose,
to gain,
to prove,
to strain,
this should not be.

To love,
to live,
once in a while,
to laugh,
this ought to be.

Love Songs to Life
Zerka Moreno



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