

American Society of Group Psychotherapy & Psychodrama



# 77<sup>TH</sup> Annual Group Psychotherapy & Psychodrama Conference

DoubleTree by Hilton Manchester Downtown  
Manchester, NH  
May 2-5, 2019

## DISCOVERING NEW WORLDS



**Transformational Advances  
in Psychodrama, Sociometry  
and Group Psychotherapy**

**CEs** – ASGPP: National Registry of Certified Group Psychotherapists, Counselors (NBCC); Ce-Classes.com: CEs for Psychologists (APA); Social Workers (ASWB); Addiction Professionals (NAADAC); California and Texas Board Approvals; The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling  
**The entire conference (Thursday - Sunday) offers up to 34.25 hours toward CEs.**

## ABOUT THE ASGPP

The American Society of Group Psychotherapy and Psychodrama was founded in April, 1942 by Dr. J. L. Moreno. In 1947, Dr. Moreno started the journal, *Group Psychotherapy*, which later became *The Journal of Psychodrama, Sociometry and Group Psychotherapy*, the first journal devoted to group psychotherapy in all its forms. ASGPP was the pioneer membership organization in group psychotherapy and continues to be a source of inspiration for ongoing developments in group psychotherapy, psychodrama and sociometry.

The purposes of the Society include fostering the national and international cooperation of those concerned with the theory and practice of psychodrama, sociometry, and group psychotherapy and promoting the spread and fruitful applications of the theories and methods of psychodrama, sociometry, and group psychotherapy in professional disciplines concerned with the well-being of individuals, groups, families and organizations.

The workshops will be offered by leaders from the US and countries around the globe, showcasing their work and the wide reach of psychodrama and sociometry in a variety of applications and settings both clinical and non-clinical. Workshops are for individuals who are interested in psychodrama and sociometry including social workers, professional counselors, psychologists, nurses, substance abuse counselors, creative arts therapists and other healthcare providers. Workshops are appropriate for beginning, intermediate and advanced level practitioners.

The learning objectives for the conference are for participants to:

1. Integrate psychodrama, sociometry and group psychotherapy into their clinical work.
2. Apply theories and methods of psychodrama, sociometry, and group psychotherapy in their professional discipline.

## EXECUTIVE COUNCIL

### PRESIDENT

Nancy Kirsner, PhD, LMFT, OTR, TEP

### VICE PRESIDENT

Daniela Simmons, PhD, TEP

### SECRETARY

Shelley Korshak Firestone, MD, CGP, FAGPA

### TREASURER

Rhona Case, MEd, TEP

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Chi-Sing Li, PhD, LPC-S, LMFT

Maria Mellano, MSW, LICSW, CP/PAT

Mary Anna Palmer, LICSW, LMFT, TEP

Anne Taylor Remley, LCSW, NCACII, CSAC, CP/PAT

Marianne Shapiro, LMHC, TEP

### ASGPP NATIONAL OFFICE

ASGPP / 301 N. Harrison St, Suite 508, Princeton, NJ 08540  
(609) 737-8500 / asgpp@ASGPP.org / www.ASGPP.org

## 2019 ASGPP AWARDS

### J.L. Moreno Award

Catherine D. Nugent, LCPC, TEP

### Hannah B. Weiner Award

Colleen Baratka, MA, TEP

### President's Award

Saphira Linden, RDT/BCT, LCAT, TEP

### Collaborators Award

Linda Ciotola, MEd, CET III, TEP & Nancy Alexander, LCSW-C

### David Kipper Award

René Marineau, PhD

### Diversity Award

Heidi Landis, RDT, LCAT, TEP

### Innovator's Award

Mario Cossa, MA, RDT/MT, CAWT, TEP

### William L. Moreno Award

William L. Moreno

### Fellow

Regina Sewell, PhD, MEd, LMHC, PCC • Deborah Shaddy, LCPC, TEP

## ASGPP REGIONAL CONTACTS

### Alaska

Kaya T. Kade / k.kade@att.net / 907-743-9994

### Arizona

Bill Coleman / coleman151@mac.com / 520-888-7900

### Delaware Valley

Colleen Baratka / catharsisinstitute@live.com / 610/600-1476

### Denver Area

Erica Hollander / ericahollander@comcast.net / 303-978-9091

### Hudson Valley

Regina Sewell / visionshv@optonline.net / 845-440-7272

### Kansas/Missouri

Deb Shaddy / dsshaddy@aol.com

### Mid-Atlantic

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### Minnesota

Mary Anna Palmer / maryannapalmer@yahoo.com / 612-309-7940

### New England

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### New Jersey

Scottie Urmev / LScottUrmevLCSW@comcast.net / 732-221-7306

### New York

Louise Lipman / LipmanNYC1@aol.com / 917-698-2663

### Southern

Craig Caines / craigcaines@sprintmail.com / 205-249-7048

### South Florida

Linda Condon / lincondon@yahoo.com

### The Toronto Centre for Psychodrama (Canada)

Sheila Berry / sberry@primus.ca / 416-686-6596

## CONFERENCE STEERING COMMITTEE

Maria Mellano (Co-Chair, Hospitality, Silent Auction, Session Assistants, Publicity/Outreach)

Scott Giacomucci (Co-Chair, Program, Exhibitors, CEU Committees)

Kim Cox (Program)

Jennie Kristel and Joshua Lee (Diversity Forum & Closing Event)

Nancy Kirsner (Awards)

Nancy Kirsner, Daniela Simmons, Rhona Case (Conference Liaison Committee)

**WELCOME** We are especially pleased to welcome you to Manchester, New Hampshire for the 77th ASGPP Annual Conference! This conference theme is "Discovering New Worlds: Transformational Advances in Psychodrama, Sociometry, and Group Psychotherapy".

Trainers from around the world will be demonstrating a multitude of advances in psychodrama, sociometry, and group psychotherapy. We hope that many newcomers and young people will discover the world of psychodrama and Moreno's methods at this exciting event.

Beginning on Thursday, we will come together as a community for the Welcoming Reception, followed by a collaborative experience in our annual Diversity Forum.

Our annual Awards Reception will be held Friday at lunch, followed by a spe-

cial debut of a new psychodrama film, "A Cinematic History of Psychodrama." A panel with film participants will follow. We will finish the night off with the ASGPP International Committee hosting a World Cafe! The program on Saturday will include a lunchtime Annual Membership meeting with a live auction and a special drawing. Saturday evening ends with "Let's Have a Ball" - music, dancing, and entertainment. Sunday morning, we will begin the final day of the conference with an integrated panel hosted by Saphira Linden with Creative Arts leaders in the field. Our conference will end with a ritual closing using community storytelling and playback theater. We look forward to being with you in New Hampshire as we discover new psychodramatic worlds together!

Your 2019 conference co-chairs: Maria Mellano & Scott Giacomucci

## EXCITING EVENTS

### ASGPP Welcome Reception

**(Thursday 5:15 pm - 6:45 pm)** This opening reception welcomes everyone attending the conference. Enjoy connections with friends, old and new, as we prepare for three days of workshops, celebrations, learning, and growth. This reception is a special thank you from ASGPP to all of the presenters, volunteers, and session assistants who graciously give their time and creativity to the 77th ASGPP Conference. **OPEN EVENT**

### Diversity Forum: Think Globally and Enact Locally

**Jennie Kristel, MA, REAT, APTT, RMT and Joshua S. Lee, LCSW-C**

**(Thursday 7:00 pm - 9:00 pm)** This diversity forum will offer participants a process of exploration to up-level the conversation about diversity that acknowledges and honors who we are as a community, and "stick a pin" in what we think we know about diversity, creating an opening for embracing the diversity in the room. Drawing from our individual and collective wisdom as well as current examples of diversity, we will playfully explore elements that create space for willingness, courage and self-discovery to emerge, drawing from the tools we know best. **OPEN EVENT**

### Silent Auction/Baskets/and Raffle

**(Thursday - Saturday at 8 pm)** The Auction and Scholarship Raffle are important fundraisers for ASGPP supported by the generosity and creativity of friends and members. We feature workshops, training, and supervision by Certified Trainers from around the U.S. Our Artists in Residence display works of art that are hand-crafted by members of our community. Bid on a variety of exciting items - jewelry, paintings, books. All raffle proceeds will go to the ASGPP Scholarship Fund.

**LIVE AUCTION (Saturday at the Membership Meeting 1-2:30)** Higher ticket items such as vacations, surprises, a years' ASGPP membership happen here.

### Keynote Address: Nisha Sajjani, PhD, RDT-BCT

**The Art of Surprise: The Essential Role of Disruption in the Transformational Process** (Friday 8:00 am - 9:00 am)

Dr. Nisha Sajjani is the Director of the Drama Therapy Program and Theatre & Health Lab at New York University. She is a visiting faculty member with the Harvard Program in Refugee Trauma and editor of *Drama Therapy Review*. Dr. Sajjani has received awards from the American Psychological Association, the North American Drama Therapy Association, and as well received the first Diversity Award from the American Society for Group Psychotherapy and Psychodrama.

Her keynote will address the emotional geography of change and the role of improvisation in bringing about moments of artful dissonance and wonder that can stimulate new patterns of being and relating. Drawing on the theory and practice of Developmental Transformations (and a little amateur magic!) she will invite reflection on communities as complex living organisms that thrive at the borders of difference.

### Community Sociometric Selection

**(Friday (9:00 am - 9:30 am) THIS WILL START PROMPTLY AND YOU MUST BE ON TIME TO MAKE YOUR MORNING WORKSHOP SELECTIONS.** Meet the presenters and experience a one-minute presentation that will allow you to make a "here and now" choice based upon your tele with the presenters. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

### Awards Luncheon and Ceremony

**(Friday 1:00 pm - 3:00 pm)** ASGPP awards acknowledge members who have made outstanding contributions to our Community. Come join us as we celebrate their contributions. (Ticket provided for 3 day conference attendees. All others wishing to attend please purchase ticket on registration form or at the registration desk.)

**Friday Nite Live at the ASGPP Movies:  
A Movie Debut of "A Cinematic History of Psychodrama"**

**(7:30 pm - 8:30 pm) Movie**

**(8:30 pm - 9:00 pm) Interactive panel moderated by Jacqui Siroka with film participants Kelley Brower, Nina Garcia, Jaye Moyer and Nan Neily-Seif.** This film was conceived and directed by Robert Siroka, founder and Director of The Sociometric Institute of New York. As Executive Producer, Robert extended and supported J.L. Moreno's foresight about the value of having a visual history of Psychodrama. This film contributes both to the cinematic conservation and as well, to the new development of media accessible for educating the general public as well as clinicians about Psychodrama. Robert has generously allowed us to debut the film at this years' ASGPP conference. **OPEN EVENT**

**Plenary Address: Edward Schreiber, DD, EdM, LADC, TEP  
Sociatry Offers Added Wisdom** (Saturday 7:45 am - 9:30 am)

Edward Schreiber was trained by and apprenticed with Zerkas, with Sociatry and J.L. Moreno's mysticism as a focus. He co-edited *The Quintessential Zerkas*, and was editor of *To Dream Again*, Zerkas's memoir. He is the recipient of the Scholar's Award, Collaborator's Award, Neil Passarelli Award, Zerkas T Moreno Award, and is a Fellow of the ASGPP. Ed directs the Zerkas T Moreno Foundation, making available the teachings of Sociatry and will soon publish the *Autobiography of a Genius* (unpublished from J.L. Moreno). Ed is an adjunct professor at Lesley University and he directs an outpatient substance use program in Northampton and Greenfield, Massachusetts.

At the center of the psychodrama, sociometry, group psychotherapy method is a not as well known directive: "Awakening of the Autonomous Healing Center Within" a group and within an individual. It is a mystic practice that corresponds with the understanding that humanity is one organism with forces impacting the whole and its many parts. These forces have a determining impact on groups, organizations, society, and individual lives. To know these forces and attend to the awakening of the Autonomous Healing Center is called "Sociatry: the healing of society". This is the introduction of Sociatry for the ASGPP Conference Plenary.

### Annual Membership Meeting, Live Auction, Special Drawing

**(Saturday 1:00 pm - 2:30 pm)** Our annual open community meeting for members as well as those interested in becoming members. Come and meet your Executive Council and learn about ASGPP's recent changes, activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. There will also be a Live Auction and a special drawing at this event. **OPEN EVENT**

### Let's Have a Ball...

**(Saturday 8:30 pm - 11:00 pm)** Music, Dancing, and Entertainment... Open Mike/Empty Chair/International Dances. **OPEN EVENT**

### Envisioning the Creative Arts Therapies

**Saphira Linden, RDT-BCT, LCAT, TEP**

**and a Panel of distinguished experts in their field**

**(Sunday 8:00 am - 9:30 am)** We know as Group facilitators that the 'whole is greater than the sum of its parts' and yet, we stay as separate entities. The Creative Arts Therapies' would be stronger and more effective working together to truly make a difference. Let us envision and dream together about what this would look like...all the new possibilities to transform our lives and communities. **OPEN EVENT**

### Closing Ritual and Passing of the Torch

**(Sunday 6:45 pm - 7:30 pm)** Calling all Conference participants to join us in creating our closing ceremony together. While acknowledging our new wisdom from discoveries made together, we will playfully nourish ourselves through storytelling and witnessing through Playback Theater. We'll conclude with a passing of the torch from New Hampshire to Chicago lighting our way to the 2020 ASGPP Annual Conference. **OPEN EVENT**

# HOTEL, MEETING, EXHIBITING & REGISTRATION INFORMATION

## HOTEL ACCOMMODATIONS

Please be sure and make your reservations early. The special conference room rate is Single/Double \$165; Triple is \$175; Quad is \$185. Tax is 9% per room. **The special room rate will be available until April 4** or until the group block is sold-out, whichever comes first. After that date, rooms are available on a "space and rate available" basis determined by the hotel. The special room rates are available April 30 - May 6, depending on availability. We recommend that you reserve your room early in order to avoid disappointment. **When making reservations by phone, be sure to identify yourself as attending the ASGPP 77th Annual Conference and request the group rate for the American Society of Group Psychotherapy group to obtain the special conference rate.**

For local commuters, there will be a discounted \$6 day rate and \$12 night rate in the hotel's parking garage.

### Hotel Contact Information:

**DoubleTree by Hilton Manchester Downtown**  
700 Elm Street, Manchester, New Hampshire 03101  
Phone: 603-625-1000

To make reservations online, please go to the ASGPP website  
[www.asgpp.org](http://www.asgpp.org)  
or <http://group.doubletree.com/GroupPsychotherapy-drama>

## ROOM SHARING

If you wish to share a room and do not already have a roommate, please submit your request to the ASGPP using the link on our website: [www.asgpp.org](http://www.asgpp.org). Click on "Conference Information, then "Room Sharing". Be sure to specify your date of arrival and departure. Contact information should include a phone number and an email address. Each participant in our room sharing service will receive the names and contact information of the other people who have expressed an interest in sharing a room.

It is your responsibility to contact others on the list and make all roommate arrangements and hotel reservations. **The ASGPP is not responsible for any arrangements that fall through.** The deadline for this Room Sharing Service is **March 10, 2019.**

## EXHIBITING

### MEMBER/NON-CORPORATE EXHIBITOR

One of the benefits of membership in the ASGPP is a complimentary space at our Members' Table to display copies of **one piece of printed material.** As space is limited, we ask that you observe the one promotional piece per member requirement.

Those of you who have products which you think will appeal specifically to conference attendees may want to consider reaching this market in the Exhibit Area. Table space is also available for rent to those individuals who wish to promote their training programs, institutes, workshops, publications and other specialty products. The cost for a full exhibit table is \$300; 1/2 exhibit table is \$150.

NOTE: Renters are responsible for set up and the security of all items and products during the entire length of the conference.

### CORPORATE EXHIBITOR

The ASGPP is pleased to offer various opportunities for organizations and businesses to become exhibitors. You can simply rent a table or a space as an exhibitor; if you will attend the conference, take on the opportunity to purchase one of the two very attractive Exhibitor Registration Packages this year. Our objective is to create an environment which is "Exhibitor Friendly" and gives you the maximum opportunity to network with attendees, conference leadership and potential customers. Please contact us for a brochure and specifics or see our website, [www.asgpp.org](http://www.asgpp.org).

## REGISTRATION INFORMATION

- Workshops are filled on a first come, first served basis. Space is limited, so please indicate your 1st, 2nd and 3rd choices. Not listing your 2nd & 3rd Choices will delay your registration process.
- While early registration is highly suggested, be aware that workshop choices cannot be guaranteed as requested in all situations even if your forms are received by post-mark date of March 22, 2019.
- To receive the early registration discount, your forms must be post-marked by March 22, 2019.
- Member rates are for those whose membership is current (through April, 2019)

## CANCELLATION POLICY

Request for cancellation must be postmarked by April 5, 2019. While no refunds will be given, cancellations will receive credit for the 2020 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

## GROUP RATES

**PSYCHODRAMA TRAINEE RATES:** ASGPP is offering a reduced rate to psychodrama training institute trainees - \$400 per person. All registrants taking advantage of the trainee rate must be members of the ASGPP. Participation in a training group will be verified in order for the discounted rate to apply.

**ASGPP offers a special group rate for the Full 3 day Conference to college/university students\* and faculty.** Four (4) or more students must register together at the Group Rate of \$255/per person. \*Students must be matriculating in an accredited college/university and carrying a minimum load of 9 credits and/or pursuing a full-time residency or internship. All student registrations must be sent in the same envelope and include photocopies of college/university picture identification.

**New discount group:** 10% off registration across the board for all veterans.

**Please note: Anyone paying a "Group Rate" is considered a "Full Conference Registrant".**

## PAYMENT PROCESS

The ASGPP prefers payment by check or money order in US funds mailed to: ASGPP, 301 N. Harrison Street, Suite 508, Princeton NJ 08540. You may also pay with a credit card directly when you register online.

Payment must be received in order for registration to be processed and your workshop seats reserved.

## PHOTOS & VIDEOS

The ASGPP takes photos at open events at the 2019 Conference and may reproduce them in our publications or on our website. Videos may also be taken for our website. No photos or videos will be taken of personal work or workshops.

## ASGPP DISCLAIMER

ASGPP activities and workshops are educational in nature. They are not intended as therapy. Participation in all activities is voluntary.

Psychodrama often involves movement and touch. Therefore, participants are urged to communicate to their facilitator in advance, or in the moment, any sensitivities they may have to touch or movement. If any participant is uncomfortable with, or in, any part of a workshop or exercise, they are free to decline to participate, to discontinue their participation, or to ask for assistance from the facilitator. All facilitators and participants are required to follow ASGPP's policy prohibiting sexual harassment.



# ASGPP 2019 ANNUAL CONFERENCE REGISTRATION FORM

NAME (INCLUDE DEGREES) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_  
 ZIP/POSTAL ZONE \_\_\_\_\_ COUNTRY \_\_\_\_\_  
 FIRST NAME/NICKNAME FOR BADGE \_\_\_\_\_  
 PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_  
 PROFESSION (eg. Social Worker, Psychologist) \_\_\_\_\_  
 In case of emergency notify: \_\_\_\_\_  
☐ (ADA) - Please indicate if you have special needs \_\_\_\_\_

## Check all that apply

- ☐ Presenter  
☐ First Time ASGPP Conference Attendee  
☐ Retiree (no longer employed, doing training or in private practice)  
☐ Student (matriculated in an accredited college/university program)  
☐ Veteran Member (code # \_\_\_\_\_)  
☐ Member ☐ Non-Member ☐ New Member  
☐ Psychodrama Training Group Member (See Group Rates on page 2 for discount qualifications)  
 Specify Group \_\_\_\_\_

## MEMBERSHIP DUES:

To join, renew or reinstate a domestic/international, individual/organizational membership, as well as for a diplomate status, please go to: [www.asgpp.org/Membership-purchase-link.php](http://www.asgpp.org/Membership-purchase-link.php)

## REGISTRATION FEES

All fees are given in \$US

	Before March 22, 2019				After March 22, 2019		
	Member Student / Retiree	Non-Member Student / Retiree	Member / Diplomate	Non-Member	Member / Diplomate	Non-Member	
<input type="checkbox"/> Full Conference (Friday, Saturday and Sunday)	\$325	\$375	\$475	\$660	\$525	\$720	\$ _____
<input type="checkbox"/> 1 Day Conference Package (Fri, Sat or Sun) <small>Circle Your Choice(s)</small>	\$140	\$155	\$170	\$225	\$185	\$245	\$ _____
<input type="checkbox"/> Full Day Conference Institute (Thurs)	\$140	\$155	\$170	\$225	\$185	\$245	\$ _____
<input type="checkbox"/> Half Day Conference Institute (Thurs)	\$70	\$80	\$85	\$115	\$95	\$130	\$ _____

## REGISTRATION DISCOUNTS: (only 1 discount per attendee allowed)

- ☐ Veterans – 10% off across the board ☐ Presenters deduct \$160 deposit & \$50 incentive – \$210  
☐ First Time Conference Attendee – \$50 ☐ Psychodrama Training Group Member – \$50  
 Less Discount/Deposit \$ \_\_\_\_\_

## ADDITIONAL:

- ☐ Friday Awards Luncheon & Ceremony (included in Full Conference package)..... x \$45..... \$ \_\_\_\_\_  
☐ Here's an additional tax-deductible contribution toward this year's Scholarship Fund..... \$ \_\_\_\_\_  
☐ CE Forms – we will provide one form that can be used for all licensures as verification..... \$30..... \$ \_\_\_\_\_  
**TOTAL AMOUNT DUE (\$US)**..... \$ \_\_\_\_\_

## ☐ I understand and accept the following ASGPP Cancellation Policy.

Request for cancellation must be postmarked by April 5, 2019. While no refunds will be given, cancellations will receive credit for the 2020 ASGPP Annual Conference ONLY. Credit is non-transferable and is only applicable to the person requesting the credit for the next year.

## ☐ I understand and accept the following ASGPP Disclaimer.

ASGPP activities and workshops are educational in nature. They are not intended as therapy. Participation in all activities is voluntary. Psychodrama often involves movement and touch. Therefore, participants are urged to communicate to their facilitator in advance, or in the moment, any sensitivities they may have to touch or movement. If any participant is uncomfortable with, or in, any part of a workshop or exercise, they are free to decline to participate, to discontinue their participation, or to ask for assistance from the facilitator. All facilitators and participants are required to follow ASGPP's policy prohibiting sexual harassment.

## Return all registration forms to: ASGPP, 301 N. Harrison Street, Suite 508, Princeton, NJ 08540

You may send your **check** or **money order** to ASGPP or you may pay with your **credit card** as directed by the registration process online. Payment must be received in order for registration to be processed and your workshop seats to be reserved.

**GROUP RATES:** ASGPP is offering a group rate to psychodrama training institutes, college/university students and agency employees, and three (3) or more attendees from a mental health or medical agency or hospital. See details on the previous page.

**IMPORTANT:** Your registration will not be processed if you have not noted the workshops you wish to attend and have not acknowledged the above stated cancellation policy. Registrations will not be processed until payment is received. There are no exceptions.

# WORKSHOP REGISTRATION

Last Name \_\_\_\_\_

Please list your top **three choices** in order of preference for each workshop time frame. Space is extremely limited this year. **If you do not list three choices, you may not get a workshop in that time slot.** The numbers in parentheses indicate the workshops that are available during each time slot. **Choose carefully.**

	1st CHOICE	2nd CHOICE	3rd CHOICE
<b>Thursday May 2, 2019 - Pre-Conference</b>			
9:00 am - 5:00 pm *Full Day Training Institutes..... (#1-9)			
9:00 pm - 12:30 pm *Morning Training Institute..... (#10)			
1:30 pm - 5:00 pm *Afternoon Training Institute..... (#11)			
<b>Friday May 3, 2019</b>			
9:45 am - 12:45 pm <b>ALL Morning Workshops will be sociometrically selected ONSITE ONLY - at 9:00 am SHARP immediately following Plenary</b>			
3:00 pm - 6:00 pm Afternoon Workshops..... (#23-33)			
<b>Saturday May 4, 2019</b>			
9:45 am - 12:45 pm Morning Workshops..... (#34-44)			
2:45 pm - 4:15 pm 90-Minute Workshops..... (#45-55)			
4:30 pm - 7:30 pm Afternoon Workshops..... (#56-66)			
<b>Sunday May 5, 2019</b>			
9:45 am - 12:45 pm Morning Workshops..... (#67-77)			
1:45 pm - 3:15 pm 90-Minute Workshops..... (#78-83)			
3:30 pm - 6:30 pm Afternoon Workshops..... (#84-92)			

**\*Additional Registration Fee Required**

How did you hear about the conference? ☐ Mailer ☐ Online ☐ Trainer/Teacher ☐ Ad in publication ☐ Colleague/Friend

Please specify: \_\_\_\_\_

## SESSION ASSISTANTS & VOLUNTEERS NEEDED!

VOLUNTEER SERVICE is a vital part of the ASGPP community and a successful conference program. We have four areas of volunteering: General Volunteer, Hosting/Greeter Volunteers, Registration Area Volunteers, Session Assistants, Triage Team Members and Silent Auction/Baskets Assistants. You can contact the coordinator of these areas to find out more about them or ask questions. Please indicate which area of volunteering you are interested in. The Coordinator of that area will contact you. **We hope you will offer your services both on site and prior to the conference.**

- ☐ **Yes**, I am interested in being a **General Volunteer**. (Coordinator: Maria Mellano, MariaMellanoLICSW@gmail.com, 617-913-3898)
- ☐ **Yes**, I am interested in being a **Session Assistant**. (Coordinator: Darlene Vanchura, darvee\_2000@yahoo.com, 817-371-4312)
- ☐ **Yes**, I am interested in being a **Triage Team Member**. (Coordinator: Viegelyn Chery-Reed, vierre@groundinghearts.com, 857-600-2449)
- ☐ **Yes**, I am interested in helping with the **Silent Auction/Baskets**. (Coordinator: Maria Mellano, MariaMellanoLICSW@gmail.com, 617-913-3898, 112 Water Street, Suite 203, Boston, MA 02109)

Please circle the days you are available: Thursday Friday Saturday Sunday

NAME \_\_\_\_\_ PHONE (day) \_\_\_\_\_

E-MAIL \_\_\_\_\_ PHONE (evening) \_\_\_\_\_

## WORKSHOP TRACKS

Conference Institutes and Workshops are listed according to Tracks to help you easily identify sessions that may match your interests. Workshops may be listed under several tracks.

Create a personalized program by attending sessions listed under one track or mix and match sessions from various areas for a diverse conference experience.

SUBJECT	Thursday	Friday	Saturday	Sunday
Addictions	2, 3	17, 19, 26, 28	44	69, 75, 88
Business/Coaching/ Marketing/Publicity			47	81, 86
Creative Arts		18, 30, 31	35, 46, 56, 63, 65, 66	70, 76, 79, 80, 84, 85, 86, 89, 92
Education	5, 10	27, 32	35, 38, 40, 49, 50, 65	77, 86
Family/Couples		15, 24	41, 51, 57	75, 85, 90
Gender Issues/LGBT/HIV		15	52, 53, 61	
Healing/Self Care	1, 10, 11	18, 19, 22, 24, 26 27, 32	34, 35, 41, 42, 49, 50, 51 58, 60, 63, 64, 65, 66	68, 69, 71, 74, 78, 82, 83, 84 86, 87, 88
Multicultural		13, 30, 32	42, 49, 51, 52, 54, 64, 66	72, 80
Neurobiology	1	12	39, 41, 48	68
Psychodrama in Other Fields	8	16, 31, 32	43, 46, 47, 51, 56, 57, 65	82, 89, 90
Psychodrama Foundations	1, 2, 5, 9	12, 14, 17, 18, 21, 25 32, 33	37, 38, 49, 51, 53, 54 59, 60	67, 72, 76, 77, 78
Sociodrama/Playback/ Drama Therapy	4, 5	13, 15, 20, 33	38, 40, 41, 42, 43, 44, 45 49, 62	68, 84, 86, 87
Sociometry	5, 6, 9	14, 16, 24, 25	35, 37, 38, 40, 41, 51	81, 86
Spirituality	1, 4, 6, 7, 10	22, 29, 32	34, 43, 51, 58, 59, 60, 63	67, 70, 71, 73, 74, 86, 92
Trauma/Bodywork	1, 2, 3, 7, 8, 10, 11	21, 28, 29, 32	39, 42, 48, 51, 60, 61, 66	68, 73, 75, 79, 83

## PSYCHODRAMA/SOCIODRAMA ACTION WORKSHOPS

Many workshops offer the use of psychodrama techniques or vignettes. Those listed below offer full psychodramas (PD) or sociodramas (SD).

### THURSDAY

- 1 Psychodrama: Integrative Method of Body, Mind & Spirit (PD)
- 2 Guilt and Shame (PD)
- 4 Exploring Bibliodrama (SD)
- 5 Group-Centered Warm-Up (PD/SD)
- 7 Awakening the Godhead Within (PD)
- 8 The Immigrant Within and Without (PD)
- 9 Exploring the "Invisible Dimensions" (PD)
- 11 Dreamweaving (PD)

### FRIDAY

- 14 Getting Started in Psychodrama (PD)
- 15 The Quest for Male Authenticity (SD)
- 16 Discovering Self (PD)
- 18 Meaningful Moments (PD)
- 19 Motivational Interviewing in Action (PD)
- 21 Transforming the Self (PD)
- 22 Cultivating Gratitude (PD)
- 25 Encounter the Fool and Sage Within (PD)

- 26 Moving Beyond Addiction (PD)
- 27 Exploring the "Rainbow of Desire" (PD)
- 29 Honoring the Sacred (PD)
- 30 Yi Shu (PD/SD)
- 31 Creating Harmony (PD)
- 32 The Way Home to Your True Self (PD)
- 33 Application and Concept of Tele (PD/SD)

### SATURDAY

- 34 What is Sociatry? (PD/SD)
- 37 Look Through the Johari Window (PD)
- 38 The 4 Warm-Up Concepts of J.L. Moreno (SD)
- 39 Neurobiology Informed Action (PD)
- 41 The Journey of a Life Time (SD)
- 42 Working with Transgenerational Trauma (SD)
- 43 Discovering Echoes and Insights (SD)
- 45 Exploring the Emperor's New Clothes (SD)
- 58 Cosmic Forgiveness and Reconciliation (PD)
- 59 Divine Timing (PD)
- 60 Transform with the Trolls (PD)

- 62 Director's Options for Structuring a Sociodrama (SD)

- 64 Way Over the Rainbow (PD)
- 65 The Musical Double (PD)
- 66 I Have a Dream (PD)

### SUNDAY

- 68 The Lost Self (SD)
- 69 Grieving the Unheroic Death (PD)
- 71 Tapping into the Power of Your Dreams (PD)
- 75 Perfectionism and Shame (PD)
- 77 Psychodrama: Transformational Experiences That Brought You Here (PD)
- 86 Safe Seen Secure – from Isolation to Inclusion (PD/SD)
- 88 Recovery Theatre (PD/SD)

# TRAINING CREDITS & CE INFORMATION

## PSYCHODRAMA TRAINING CREDITS

The American Board of Examiners has a policy regarding training credits for ASGPP conference attendees. The policy states: "A maximum of 100 hours of the required 780 training hours may be obtained from individuals other than TEPs and PATs provided that the training occurred at local, regional, and national conferences sponsored by the American Society of Group Psychotherapy and Psychodrama." If you are working toward certification, be sure to fill out the Psychodrama Training Credits Form and have it **signed by the presenter** before leaving the workshop. Psychodrama Training Credits Forms are in the registration packet, and extras are available at the registration desk.



## CONTINUING EDUCATION UNITS (CEs)

ASGPP is pleased to partner with Ce-Classes.com to offer conference participants a variety of CEs from different credentialing bodies. **Programs that do not meet ce-classes.com criteria for CE credit are clearly marked with a ■.**

### PSYCHOLOGISTS:

Ce-Classes.com is approved by the American Psychological Association to sponsor continuing education for psychologists. Ce-Classes.com maintains responsibility for this program and its content.

### SOCIAL WORKERS:

Ce-Classes.com is approved as a provider for social work continuing education by numerous State Social Work boards; New York, Florida, Ohio and Texas. Most boards will accept CEs from an out of state conference if the CEs are approved in state where the conference is held. Social Workers should contact their regulatory board to determine course approval.

### MENTAL HEALTH COUNSELORS:

ASGPP has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6079. **Programs that do not qualify for NBCC credit are clearly identified with a ▲.** ASGPP is solely responsible for all aspects of the programs.

### ADDICTION PROFESSIONALS:

Ce-Classes.com is an approved provider for NAADAC, the National Association of Addiction Professionals.

### NYS (OASAS):

The ASGPP is approved to provide continuing education by the following professional organizations: NAADAC \* NBCC \* NRCGP. NYS OASAS recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy initial credentialing and/or renewal requirements.

### CALIFORNIA:

**SW, MFT & LEPs:** Ce-Classes.com is approved to provide continuing education by the following professional organizations: ASWB \* APA. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by these nationally recognized certifying bodies to satisfy renewal requirements.

**CCAPP:** The California Association of Alcoholism and Drug Abuse Counselors (CCAPP) Provider Number OS-12-174-1114 Expires 11/2019.

### TEXAS:

Ce-Classes.com is approved by the Texas Board of Social Work Examiners, Continuing Education Provider - 5674.

### OHIO:

Ce-Classes.com is approved by the Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201 Expires 5/2019.

### FLORIDA:

Ce-Classes.com is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP. We are approved for LCSWs, LMFTs, and LMHCs.

### GROUP PSYCHOTHERAPISTS:

This conference's events may be counted toward re-certification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis.

### NURSES:

Ce-Classes.com is an approved provider for The Florida Board of Nursing (CE Provider #: 50-4896) Expires 10/31/2020, and The California Board of Registered Nursing. CEP 15647 Expires 11/30/2020.

### CERTIFICATES OF ATTENDANCE:

Certificates of Attendance will be available online after the conference to present to employers and/or state and local agencies.

## CREDIT HOURS

The Pre-Conference (Thursday, May 2, 2019) offers up to 9 hours. The regular conference (Friday, May 3 – Sunday, May 5, 2019) offers up to 25.25 hours. The entire conference (Thursday - Sunday) offers up to 34.25 hours toward Continuing Education Units (CE's). Check with your provider.

## CE CERTIFICATES

**CE Certificates are \$30 as indicated on registration form. Those purchasing CEs will have a 'CE Verification of Attendance Sheet' to be signed by the session assistant/presenter at the end of each workshop attended. Large Workshops, Plenaries and Keynotes will have Conference representatives at the exits to sign Sheets. When conference attendance is complete, turn in your 'Verification Sheet' at the registration desk to obtain the CE certificate with hours listed for workshops attended.**

## ADMINISTRATIVE POLICIES

**Complaints and Grievances:** All complaints and grievances are reviewed within 5 working days. Formal grievances are required to be written, and will be responded to within 10 business days. Grievances should be directed to home office at [asgpp@asgpp.org](mailto:asgpp@asgpp.org)

**Special Accommodations:** Please complete the section in the registration form to request special accommodations for disability (ADA).

**Important!** It is the conference attendee's responsibility to determine if his/her licensing or credentialing agency will accept the above CEs for re-certification or licensure maintenance.





## THURSDAY, May 2, 2019

7:00 am - 8:00 am	12-Step Recovery Meeting
8:00 am - 6:00 pm	REGISTRATION
9:00 am - 5:00 pm	PRE-CONFERENCE TRAINING INSTITUTES
Pre-Registration is strongly encouraged. Space is limited. Additional Fee Required.	
5:15 pm - 6:45 pm	ASGPP WELCOME RECEPTION – Open Event
7:00 pm - 9:00 pm	DIVERSITY FORUM – Open Event

### 9:00 am - 5:00 pm FULL DAY PRE-CONFERENCE TRAINING INSTITUTES

#### 1 PSYCHODRAMA: INTEGRATIVE METHOD OF BODY, MIND & SPIRIT

**Catherine D. Nugent, MS, LCPC, TEP, Laurel Psychodrama Training Institute**

Many of Moreno's concepts and methods align closely with contemporary findings from interpersonal neurobiology and with revered knowledge from ancient wisdom traditions. We explore psychodrama's inherent holism and its integrative nature through presentation, discussion, and brief action structures. A psychodrama with processing will be offered.

##### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe some of the neurobiological underpinnings of classical psychodrama;
2. Explain how psychodrama can stimulate new insights and cognitive understanding.

*This is a 2019 Award Winner's Workshop*

#### 2 GUILT AND SHAME

**Rebecca Walters, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute**

Guilt can help develop empathy and offer guidance. Shame is less useful and is highly correlated with addiction, depression, aggression, bullying, suicide, eating disorders. Guilt can lead to shame. Psychodrama is uniquely situated to address guilt left over from past choices. We can revisit the past, develop compassion for our younger selves, identify current resources — do, undo and redo — with the goal of alleviating some of the shame. A specific structure will be demonstrated and practiced.

##### Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between guilt and shame;
2. Describe the three scenes that are needed to effectively address guilt.

#### 3 TRANSFORMING ADDICTIVE PROCESSES: USING THE EMPTY CHAIR

**Shelley Korshak Firestone, MD, Adjunct Professor, University of Chicago, Department of Psychiatry, Psychotherapist and Medical Director, Chicago Psychotherapy and Psychiatry**

Based on the concept of addiction as an attachment disorder, this ground-breaking workshop translates the key principles of twelve step recovery into powerful and effective action interventions, creating a comprehensive model for the treatment of addictions. Showcasing the use of the empty chair, we will demonstrate five roles operative in all our relationships, and reveal the secret of the addict within.

##### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe addiction, trauma, and a range of dysfunctional processes as relational disorders, recognizing the preference for engaging in unhealthy or addictive behaviors over engaging with people;
2. Apply the methodology of the empty chair to help clients in their recovery.

#### 4 EXPLORING BIBLIODRAMA: BRINGING THE WRITTEN WORD TO LIFE

**Linda Condon, LMHC, TEP, Private Practice;**

**Amy Clarkson, LCAT, MT-BC, CP/PAT, Creative Flow Therapy Services, LLC, Montclair State University**

Bibliodrama is a form of sociodrama that explores written works (the Bible, novels, poems, scripts, etc.). The workshop will present two different styles of directing it: Sociometric and Text-Centered. The Bibliodramatic warm-up process will be discussed and group members will have the opportunity to design a bibliodramatic warm-up. Action pieces will be directed and the effective use of scene setting, interviewing, doubling and role reversal in Bibliodrama will be examined.

##### Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish to forms of directing Bibliodrama and examine the indications and contra-indications of each one's use;
2. Describe the Bibliodramatic warm-up process and design a warmup.

NOTE: Workshops that do not qualify for NBCC CE credit are identified with a ▲

Workshops that do not meet ce-classes.com criteria for CE credit are identified with a ■

## 5

## GROUP-CENTERED WARM-UP: FOLLOWING THE GROUP, PRODUCING THE GROUP'S INTERACTIONS AND HIDDEN LIFE

**Peter Howie, BSc, MEd, TEP, Australian and Aotearoa New Zealand Psychodrama Association, Inc.**

Psychodramatists often find it hard to go somewhere to work on their psychodrama skills — the supervision they received as a trainee is often not available as a practitioner. This workshop is a training and supervision workshop for new or experienced practitioners and psychodrama trainers. Working collaboratively this workshop will focus on various specific ways of producing group centered warm-ups as they emerge, and building sociometry, rather than using director-directed warm-up techniques.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the difference between a group-centered and director-directed group warm-up process;
2. Recognize and apply processes for enhancing a group centered warm-up process.

## 6

## DISCOVERING NEW WORLDS OF GROUP EXPERIENCE: TRANSFORMING CONFLICT INTO DISCOVERY

**Donna Little, MSW, TEP, Toronto Centre; Deborah Shaddy, LCPC, MS, TEP, Sophia Center LLC, Hudson Valley Psychodrama Institute**

The Dynamic Therapeutic Model (Little/Lyon 2004) combines the Psychosynthesis Triangle of human development (Brown, 2004) and the Karpman Drama Triangle (1964) to unpack conflict. In this workshop, participants will explore the positions of conflict (rescuer, victim, persecutor, involvement, detachment, and the place of presence). Through enactment, participants will experience a felt sense of the different positions and gain greater insights, compassion, and understanding. This model is useful in individual and family therapy, in supervision, and in-situ conflictual situations.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the conflict model frame;
2. Explain the value of sociometric positions in unpacking conflict.

## 7

## AWAKENING THE GODHEAD WITHIN: MORENIAN THEORY AND TSM PSYCHODRAMA

**Kate Hudgins, PhD, TEP, Therapeutic Spiral Institute; Steven Durost, PhD, LCMHC, REAT, C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education; Scott Giacomucci, LCSW, CTTS, CET III, CP/PAT, Mirmont Treatment Center, Giacomucci & Walker, LLC**

In TSM Psychodrama we understand, when trauma happens, one part of the self holds the pain as A wounded child and one part goes to sleep holding the treasured qualities of a child true spirit. In TSM Psychodrama, your autonomous healing center of spontaneity is ignited the moment the victim child feels safe. Then a sleeping child awakens giving the protected treasures. Come and awaken the Godhead child through action structures, a vignette, and expressive arts.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate at least one action structure to access the TSM internal role of the sleeping awakening child;
2. Explain the concept of the autonomous healing connect Morenian theory and TSM Psychodrama and posttraumatic growth.

## 8

## THE IMMIGRANT WITHIN AND WITHOUT: FINDING YOUR WAY TO YOUR TRUE HOME

**Karen Carnabucci, MSS, LCSW, TEP, Private Practice**

Immigrants live with a haunting question: Where do I belong? This workshop will focus the systemic impact of immigration — in today's immediate world and the long-ago immigration experiences of our ancestors. With the combination of psychodrama, Family Constellations and mindfulness, we learn how to respond to struggles of our clients as well as the hidden trauma that may affect our own lives today — personally, professionally and with our health and financial well being.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Look at immigration from a systemic perspective as well as a personal perspective;
2. Identify how and why inclusion is a critical component of healing, change a shift of experiential awareness, that creates a shift in experiential awareness

## 9

## SOCIOMETRY: HOW IT CAN ENHANCE OUR PRACTICE

**Nan Nally-Seif, LCSW-R, TEP, Psychodrama Training Institute, A Division of the Sociometric Institute NY, Private Practice**

This workshop will demonstrate The Dynamic Therapeutic Model (Little/Lyon 2004) which combines the sociometric tools, including social atoms, sociograms and hands-on Psychosynthesis Triangle of human development (Brown, 2004) and sociometry. We will use action to demonstrate these tools and illustrate the Karpman Drama Triangle (1964) to unpack conflict. In this work, sociometry warms us up to psychodrama. Participants will explore the positions of conflict (rescuer, victim, persecutor, involvement, detachment, and the place of presence).

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Define sociometry, and the various sociometric tools, including social atoms, sociograms and hands-on sociometry;
2. Apply sociometric tools to their psychodramatic work.

**9:00 am - 12:30 pm**  
**MORNING PRE-CONFERENCE**  
**HALF-DAY TRAINING INSTITUTE**

**10** **EXPLORING THE "INVISIBLE DIMENSIONS:"**  
**SURPLUS REALITY APPLICATIONS IN PSYCHODRAMA**

**Daniela Simmons, PhD, TEP, Expressive Therapies Training Institute (ETTI); Maria Mellano, MSW, LICSW, CP/PAT, Private Practice, Boston, MA**

J.L. Moreno wrote that psychodrama consists not only of recreating experienced events from the past, present and future reality, but also includes experiences "beyond reality." In our lives there are "invisible dimensions," that we haven't been able to completely express or experience, and that is why creating surplus reality is so needed. In Moreno's own words, surplus reality is "Bringing magic into science!" This training session will offer didactic and experiential learning of the surplus reality technique and its applications as a central aspect of the psychodrama method.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe at least 3 surplus reality applications in psychodrama;
2. Recognize the 'surplus reality' technique as a central concept of the psychodrama method.

**1:30 pm - 5:00 pm**  
**AFTERNOON PRE-CONFERENCE**  
**HALF-DAY TRAINING INSTITUTE**

**11** **DREAMWEAVING: BECOMING THE PERSON**  
**YOU WERE CREATED TO BE**

**Arlene K. Story, LMHC, LCAC, TEP, Healing Heart Connections**

Our dreams are the unconscious self, telling us to let go of the past as a prelude to the emerging self. This experiential workshop will give participants an opportunity to explore things holding them back. Opportunities to take steps to enhance personal, professional, and spiritual development will be given. Small group exercises, vignettes, and psychodrama will focus on movement toward reaching your dreams.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply psychodramatic techniques to weave the creative and rational parts of self;
2. Recognize psychodrama as a process to let go of the past.

**5:15 pm - 6:45 pm**

**ASGPP WELCOME RECEPTION**

Everyone is invited as we welcome you and prepare for three days of workshops, connecting, celebrations, learning, and growth.

This reception is a special thank you to all of the presenters, volunteers, Session Assistants, and Conference Co-chairs who graciously gave their time and creativity to create the 77th ASGPP Conference

**OPEN EVENT**

**7:00 pm - 9:00 pm**

**DIVERSITY FORUM**  
**Think Globally and Enact Locally**

**Led by Jennie Kristel, MA, REAT, APTT, RMT & Joshua S. Lee, LCSW-C**

This diversity forum will offer participants a process of exploration to up-level the conversation about diversity that acknowledges and honors who we are as a community, and "stick a pin" in what we think we know about diversity, creating an opening for embracing the diversity in the room. Drawing from our individual and collective wisdom as well as current examples of diversity, we will playfully explore elements that create space for willingness, courage and self-discovery to emerge, drawing from the tools we know best.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Utilize Sociometry, sociodrama and Playback Theatre to understand how our community views and defines diversity.
2. Use the above methods to better facilitate diversity inclusive conversations.

**OPEN EVENT**





## FRIDAY May 3, 2019

6:00 am - 6:45 am  
7:00 am - 7:45 am  
7:15 am - 7:45 am  
7:30 am - 6:15 pm  
7:30 am - 7:30 pm  
8:00 am - 9:00 am

Sunrise Exercise Activity  
12-Step Meeting / Journal Editors Meeting / Newcomers Breakfast  
Authors Book Signing / Selling  
REGISTRATION & EXHIBITS  
SILENT AUCTION

**KEYNOTE ADDRESS — Nisha Sajnani, PhD, RDT-BCT**  
*The Art of Surprise: The Essential Role of Disruption in the Transformational Process*

Her keynote will address the emotional geography of change and the role of improvisation in bringing about moments of artful dissonance and wonder that can stimulate new patterns of being and relating. Drawing on the theory and practice of Developmental Transformations (and a little amateur magic!) she will invite reflection on communities as complex living organisms that thrive at the borders of difference. Learning Objectives. After attending, participants will be able to:

1. Translate an understanding of improvisation to personal and organizational experiences of surprise and disruption;
2. Apply an understanding of Developmental Transformations to their own practice.

9:00 am - 9:30 am **COMMUNITY SOCIOMETRIC SELECTION** with Nancy Kirsner & the Sociometric Selection Team  
1:00 pm - 3:00 pm **AWARDS LUNCHEON AND CEREMONY** - Separate ticket necessary for those not attending the full 3 day conference  
7:30 pm - 9:00 pm **FRIDAY NIGHT LIVE AT THE MOVIES: A CINEMATIC HISTORY OF PSYCHODRAMA**  
9:00 pm - 11:00 pm **WORLD CAFÉ**

**9:00 am - 9:30 am**

### Community Sociometric Selection

**ALL FRIDAY MORNING WORKSHOPS WILL BE SELECTED BY YOU ONSITE THROUGH A COMMUNITY SOCIOMETRIC SELECTION PROCESS. This will start PROMPTLY at 9:00 am immediately following the Opening Plenary in the same room.**

Meet the workshop leaders and polish up your tele with a here-and-now choice. Nancy Kirsner and the Sociometric Selection Team will facilitate this exciting process.

**9:45 am - 12:45 pm**  
**MORNING WORKSHOPS**

## 12 A HUNGER FOR PLAY: PLAY AND INTERPERSONAL NEUROBIOLOGY

**Marianne Shapiro, MFA, MA, LMHC, Private Psychotherapy and Group Psychotherapy Practice, Mount Vernon, WA**

Play is essential to the shaping of the social brain, providing both emotional regulation and attuned connection. This workshop will explore in action the Interpersonal Neurobiological requisites for creating and maintaining interpersonal play space. We will offer specific, structured warm up exercises to activate the social engagement system, co-creating optimal play space. Play from our psychodramatic roots will follow leading to action insights, and sharing, utilizing another neuroscientific delight, right-left-right brain integration.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate interpersonal play behaviors that can be utilized in group exploration;
2. Identify the discoveries of neuroscience that delineate the requisites for interpersonal play.

## 13 TRANSFORMING OUR RELATIONSHIPS WITH THE OTHER

**Jennie Kristel, MA, REAT, APTT, RMT, JourneyWorks;**  
**Michael Watson, LCMHC, PhD, JourneyWorks**

In Playback theatre, personal life stories are shared by audience members and re-enacted spontaneously by a team of actors and musicians. Playback offers a unique platform for sharing, and exploring, deeply personal stories of difference, otherness, and transformation. We will discover the healing possibilities inherent in Playback by witnessing our own complex stories of courage, resiliency, and change, and explore the role of the witness as a transformational force. Connections and differences between Psychodrama and Playback will be examined.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the fundamental concepts of Playback Theatre;
2. Apply innovative ways of involving the audience as a support for individual and community change.

## 14 GETTING STARTED IN PSYCHODRAMA

**Michael Gross, PhD, CADC-I, SEP, CET III, CP/PAT, Private Practice, Long Beach, CA**

All skill sets and experiences welcome! Especially for those who are new to psychodrama, here's a chance to connect with others, experience a full psychodrama, then review what happened in the framework of psychodrama theory, philosophy, and methodology. Time permitting, participants also will be able to practice "micro skills" in small breakout groups.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize key structural components and techniques of a psychodrama session;
2. Identify at least one psychodramatic or sociometric technique relevant to their own practice.



## 15 THE QUEST FOR MALE AUTHENTICITY, FINDING A NEW CULTURAL BALANCE.

**Ronald C. Collier, LCSW, TEP, Private Practice**

Male roles in our culture too often involve power and control. Society is seeking a new male perspective. This workshop is about finding a balance which incorporates authenticity and promotes higher levels of empathy, cooperation, connection, and understanding. The "New Male" will strive to be more balanced in thinking, action, and emotional expression. A sociodrama will be included to enhance reflection, insight, validation, and the ability to move forward. All genders are welcome.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify which male behaviors are based on antiquated role models involving power and control;
2. Describe three behaviors which may foster improved intimate relationships and lead to more cooperation and understanding in society.

## 16 DISCOVERING SELF: TRANSFORMING OUR INTERNAL SOCIOMETRY USING IFS AND PSYCHODRAMA

**Louise Lipman, LCSW-R, CGP, TEP, Psychodrama & CreatvArts**

**Therapy, NYC, Gerry Spence Trial Lawyers College;**

**Kirsten Friedman, LMHC, CP/PAT, Kirsten Friedman Counseling**

In this workshop we will use the conceptual framework of Internal Family Systems to deepen and enhance the transformative process of Psychodrama. Through the exploration of Psychodramatic Role Theory and IFS "Parts" we will discover new worlds within ourselves, uncover Self and rearrange intra-psychoic roles to regulate and understand our individual internal Sociometric systems. We will be doing a full Psychodrama as well as offering didactic material.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify IFS techniques to frame the Psychodramatic process;
2. Apply Psychodramatic Role Theory to the process of self-regulation.

## 17 TRANSFORMING RECOVERY ROLES USING STAGES OF CHANGE AND ROLE THEORY

**Anne Taylor Kitts, LCSW, NCACII, CP/PAT, NAADAC;**

**MaryAnn Bodnar, LMHC, CAP, TEP, Private Practice**

This workshop will demonstrate moving the active substance abuser to the individual who is self-actualized in recovery by integrating Prochaska's five stages of change and Morenean role development theory.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the five stages of change;
2. Demonstrate the concepts of role taking, role playing and role creating.

## 18 MEANINGFUL MOMENTS: "THE GREATEST MOMENT OF THEM ALL"

**Brittany Lakin-Starr, PhD, CP/PAT, Chicago Center for Growth and Change**

Come witness the joyful side of psychodrama through a workshop focusing on the meaningful moments in our lives or what Zerka called "psychodramas of joy." These are psychodramas where there is nothing to fix/change, but rather something we want to experience again (e.g., a college graduation, wedding, a first date, eating fresh berries on a summer day, etc). Participants will experience warm-ups and a full meaningful moment psychodrama.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how a Meaningful Moment or "psychodrama of joy" is different from a classical psychodrama;
2. Recognize how a Meaningful Moment or "psychodrama of joy" can increase the spontaneity of the group and facilitate healing.

## 19 MOTIVATIONAL INTERVIEWING IN ACTION

**Jennifer R. Salimbene, LCSW-R, CASAC, CDAC, CP/PAT, Hudson Valley Psychodrama Institute, Private Practice; Regina Sewell, LMHC, MEd, PhD, Russell Sage College, Dutchess Community College**

Motivational Interviewing helps clients find their internal motivation to make positive changes by helping them resolve the ambivalence and insecurities they feel about changing. This workshop will show participants how to use the change ruler in action to determine where their clients are at from precontemplation to relapse prevention in the change process and demonstrate how to use psychodrama as a form of motivational interviewing to help their clients make positive, sustainable changes.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the stages of change in Prochaska and DiClemente's change model;
2. Describe three psychodramatic techniques to help clients find their internal motivation to change.

*This is a 2019 Award Winner's Workshop*

## 20 J.L. MORENO: THE FIRST DRAMA THERAPIST?

**Daniel J. Wiener, PhD, LMFT, Central CT State U.;**

**Saphira Linden, RDT/BCT, LCAT, TEP, Omega Theater**

In 1931, Moreno developed an improvisational theatrical form, The Living Newspaper (TLN), before psychodrama. In small groups, we shall replicate TLN by improvised enactments of current news articles. By comparing different enactments of the same stories we will explore the similarities and differences of this drama therapy method to sociodrama and demonstrate how the techniques of drama therapy and psychodrama complement one another.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify both the similarities and differences between Drama Therapy and Sociodrama techniques;
2. Differentiate between the audience-centered experiences of Dramatic enactment and the individual group member's experiences of Sociodrama.

*This is a 2019 Award Winner's Workshop*

## 21 TRANSFORMING THE SELF: PSYCHODRAMA IN INTRAPSYCHIC AND INTERPERSONAL DEVELOPMENT

**John Rasberry, MEd, LMFT, TEP, Mid-South Center for Psychodrama and Sociometry**

Discovering and co-creating new worlds both within and outside of the self requires the collaboration with others. Yet, when a breach of attachment has occurred, collaboration can be a terrifying experience. J.L. and Zerka Moreno, through psychodrama, sociometry and group psychotherapy, have co-created a process of transformation that has, is, and will advance human development. Join us as we demonstrate discovery, transformation, and advancement!

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Define doubling and role reversal as transformational advances;
2. Identify how the catharsis of abreaction is most effectively created through psychodrama and sociometry.

## 22 CULTIVATING GRATITUDE: PSYCHODRAMA FOR RESTORATION AND RENEWAL

**Mario Cossa, MA, RDT/MT, CAWT, TEP, PT Motivational Arts Consultants**

Research in the field of Positive Psychology has demonstrated the physical, emotional, and mental benefits of a positive attitude and a regular practice of Gratitude. Join in the co-creation of a safe and celebratory space in which the power of Psychodrama can help nourish the psyche and support our letting go of the baggage of old hurts.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the use of graphic images for role reversal both with something for which they feel grateful and an obstacle that hinders their gratitude;
2. Identify at least two strategies for overcoming their personal obstacles.

*This is a 2019 Award Winner's Workshop*

**1:00 pm - 3:00 pm**

## Awards Luncheon and Ceremony

ASGPP awards acknowledge members who have made outstanding contributions to our community.

Come join as we celebrate their contributions

**Ticket required. (Ticket is included in 3 day conference package. All others wishing to attend please purchase ticket on registration form or at the registration desk.)**

## 3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

### 23 AN INVITATION TO SURPRISE

**Nisha Sajnani, PhD, RDT-BCT, Drama Therapy Program, New York University**

Developmental Transformations (DvT) is a form of playful, relational improvisation that gives participants practice with embracing disruption, difference, change, and surprise. In this workshop, participants will be introduced to the theory and practice of DvT and consider applications in their own personal and professional practice.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify one application of improvisation in their professional practice;
2. Translate an understanding of improvisation to personal and organizational experiences of disruption and change.

### 24 STREET LIGHT SOCIOMETRY COMBINED WITH PLAY THERAPY AS A WARM-UP TO PSYCHODRAMA

**Darlene Vanchura, MA, LPC, Private Practice; Chi Sing Li, LPC, Sam Houston State, Expressive Therapy Training Institute**

Participants will be able to use Street Light Sociometry to create personal social atoms. Play therapy technique choosing Sand Tray Miniatures will be applied, to help concretize the nature of the persons chosen by the participant. Choosing the miniatures is fun and powerful as well as warming the participant up to interpersonal dynamics by sharing the meaning of their miniatures. Participants will become aware of issues that lead them to become a protagonist for a psychodrama.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the progression of steps involved in creating a Street Light Social Atom and to choose miniatures to further describe the people involved in their Social Atom;
2. Recognize prompts to increase their partner's awareness of interpersonal dynamics and effects on self that they wish to understand further.

### 25 ENCOUNTER THE FOOL AND SAGE WITHIN US ALL

**Kim Friedman, MA, LMHC, TEP, Antioch University, Seattle; Paula M. McFarlane, MS, CP, Mt. Vernon City School District**

The purpose of this workshop is to develop and explore the role of fool and sage to assist in greater spontaneity, risk taking and being our true, authentic self. How do we become comfortable with being uncomfortable on the path to attaining that which we seek? Come take a chance and join us in a playful exploration of foolhardiness.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply psychodramatic skills to concretizing abstract thoughts and scene setting;
2. Recognize the psychodramatic techniques of doubling, role reversal, soliloquy and mirror.

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## 26 MOVING BEYOND ADDICTION

**Arlene K. Story, LMHC, LCAC, TEP, Healing Heart Connections, LLC**

Recovery from chemical, sex, internet, and other addictions involves much more than just stopping the destructive behaviors. Underneath these symptoms of the real problem, lie the core issues that must be addressed to move forward and not just develop another addiction.

Through the use of experiential exercises, vignettes and a psychodrama, participants will have an opportunity to learn techniques useful in working with individuals and families struggling with the world of addictions. Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply experiential techniques useful in treating underlying trauma issues of clients and families struggling with addictions;
2. Identify the steps in a psychodrama that facilitate the healing of guilt and shame.

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## 27 EXPLORING THE "RAINBOW OF DESIRE:" THEATRE OF THE OPPRESSED AND PSYCHODRAMA

**Daniela Simmons, PhD, TEP, Expressive Therapies Training Institute (ETTI)**

'Rainbow of Desire' is a family of techniques created by the Brazilian practitioner, Augusto Boal, and is part of the method Theatre of the Oppressed, which promotes social and culture change. Called The Boal's method of theatre and therapy, "Rainbow of Desire" emphasizes internalized oppression and is designed to deal with negative emotions and communication problems. The workshop will demonstrate this method and how it relates to psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least three "Rainbow of Desire" techniques;
2. Describe the similarities between the "Rainbow of Desire" and the psychodrama method.

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## 28 ALCOHOL, SEX, EATING, & MORE: COMPREHENSIVE MODEL OF ADDICTION TREATMENT

**Shelley Korshak Firestone, MD, Adjunct Professor, University of Chicago, Department of Psychiatry, Psychotherapist and Medical Director, Chicago Psychotherapy and Psychiatry**

This transformational workshop presents a cutting edge model for understanding addictions, trauma, and a range of other psychological disorders, showcasing psychodrama and other action explorations. Based on the concept of addiction as an attachment disorder, this largely experiential workshop translates key principles of twelve-step recovery into powerful clinical interventions and a guideline for treatment.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and explain the importance of trust and belonging in the recovery process to replace the addiction as the "go to" in rough times;
2. Apply selective experiential methodology to help their clients connect with fellow group members, family, friends, recovery peers, co-workers and others.

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## 29 HONORING THE SACRED: BRINGING TRANSPERSONAL ROLES TO THE STAGE

**Sylvia Israel, LMFT, RDT/BCT, TEP, Bay Area Moreno Institute, California Institute of Integral Studies;**

**Susan Powell, TEP, Centerwood Psychodrama Training Institute**

When a protagonist is facing a challenging or traumatic scene, it is helpful to invite a transpersonal strength as a resource that can bring perspective, guidance and compassion. In this workshop we will pay special attention to what happens when the sacred appears on stage. How do we best warm-up the group and protagonist? What is the role of the director? Participants will practice directing in small groups. There will be a full psychodrama.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to direct a role reversal with a transpersonal strength;
2. Explain the importance of transpersonal roles when working with trauma.

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## 30 YI SHU: CHINESE MEDICINE, PSYCHODRAMA AND THE EXPRESSIVE ARTS

**Gong, Shu, PhD, LCSW, ATR-BC, TEP, Soochow University, Suzhou, China, International Zerka Moreno Institute;**

**Erdong Wang, CP/PAT, Art School Soochow University, Suzhou, China**

This workshop bridges the therapeutic practices of Eastern and Western cultures by integrating art therapy, psychodrama, traditional Chinese medicine, meditation, and dance/movement. This unified approach releases energy blockages, encouraging participants to reach their highest creative potential.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the five basic elements in Chinese cosmology and their relations to human health;
2. Identify the roots of emotional imbalance in intrapersonal and interpersonal relations.

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## 31 CREATING HARMONY: RESOLVING DISSONANCE THROUGH MUSIC THERAPY AND PSYCHODRAMA

**Barbara McKechnie, LPC, LCAT, RDT/BCT, CP/PAT, Exceptional Wellness Counseling; Amy Clarkson, CP/PAT, Montclair State University, Creative Flow Therapy Services, LLC**

We will demonstrate ways to integrate music therapy and psychodrama to explore unresolved tensions within ourselves and in relationships with others. The use of music allows for an expansive experience of the enactment, enlisting the senses to enhance awareness and expression. Through music improvisation, dialogue, doubling, and role reversal, we will play in the interface between psychodrama and music therapy. Participants will practice techniques of musical doubling that they can employ in their own work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate one musical doubling intervention;
2. Identify moments when musical doubling may further enhance the protagonist's awareness and expression.

## 32 THE WAY HOME TO YOUR TRUE SELF

**Vlada Zapesotsky, MA, CP/PAT, The Way Home, Center for Healing and Creativity, Private Practice;**

**Kate Hudgins, PhD, TEP, Therapeutic Spiral Institute**

Based on the book "The Way Home: Discovering the Path to your Truth, Nature, and Inner Treasures," written by Vlada and grounded in the clinical role map of the Therapeutic Spiral Model. Participants will learn how to navigate through the wilderness of the inner world into a sacred healing space, Inner Home, with the help of 3 roles: Inner Housekeeper, Inner Heart Companion, and Inner Personal Assistant, through action practice and a psycho dramatic vignette.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply 3 internal roles-guides of the action model The Way Home to your True Self;
2. Recognize the feelings of loss, abandonment, and fears associated with letting go of the past and find the creativity to begin again.

## 33 APPLICATION AND CONCEPT OF TELE, SEEN THROUGH ADVAITIC EYES ▲■

**Jochen Becker-Ebel, PhD, DFP, Prof. Yenepoya University, CEO MediAcion, PIB-Zentrum, Vedadrama India**

Moreno envisioned psychodrama reaching India. His followers — psychodramatists from around the world — made that possible, also including some cultural specifics. Psychodrama in India currently includes philosophy and spirituality, such as A-Dvaita (Non Duality), colorfulness, and enriched playfulness. The latter expands even to a sociodrama modality, called "Play of Gods." This workshop will demonstrate a psychodrama or sociodrama, according to the needs of the group, and will demonstrate the Indian modalities of psychodrama and innovative applications.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the tele-concept through Moreno's spiritual vision for unity in encounters of persons, groups and world/mankind;
2. Apply in their professional practice modalities such as "wish-fulfilling tree" ("Kalpavriksha"), "colorful morning round" ("Why I choose this dress?") and expansion of sociodrama ("Play of Gods").

## A CINEMATIC HISTORY OF PSYCHODRAMA: FROM MORENO TO MODERN

### 7:30 pm - 8:30 pm: MOVIE

Friday Nite Live at the ASGPP Movies.... We will be debuting the first contemporary and professional film on Psychodrama. The film was conceived by Robert Siroka, founder of The Sociometric Institute of New York. As Executive Producer, Robert extended and supported J.L. Moreno's foresight about the value of having a visual history of Psychodrama. This film contributes both to the cinematic conservation and as well, to the new development of media accessible for educating the general public as well as clinicians about Psychodrama.

It is notable that the film integrates multiple perspectives and contemporary aspects of Psychodrama utilizing Positive Psychology and Mindfulness concepts and practices. The film is upbeat, uses regular vocabulary, and de-mystifies what is difficult to explain about Psychodrama. It begins somewhat humorously with our dilemma of what do we call this? Psychodrama or? We see glimpses of trainers we know, doing the work (Bob Siroka, Jacquie Siroka, Nina Garcia, Jacob Gershoni, Nan Nally-Seif, Dan Tomasulo, Jaye Moyer, Louise Greaves). Join us and see who you can recognize and name.

### 8:30 pm - 9:00 pm: INTERACTIVE PANEL

Jacqui Siroka will facilitate a panel which will include film participants Kelley Brower, Nina Garcia, Jaye Moyer and Nan Nally-Seif.

Discussion, comments and questions from the audience will be received.

We are grateful to Robert Siroka and the staff of The Sociometric Institute for the years of work on this project.

Credits to: Video Production by Media Therapeutics  
Executive Producer – Robert Siroka  
Jacqueline Dubbs Siroka  
Producer/Director – Kelley J. Brower

**OPEN EVENT**

### 9:00 pm - 11:00 pm

## FRIDAY NITE WORLD CAFÉ

On Friday night the International Committee will host a "World Cafe" event of friendship, networking, fun and degustation of international sweets & snacks. Everyone from around the world, including the United States, attending the conference, is welcome!

**OPEN EVENT**





## SATURDAY May 4, 2019

6:00 am - 6:45 am Sunrise Exercise Activity  
7:00 am - 7:45 am 12-Step Meeting / Chapter Committee Meetings  
7:30 am - 7:00 pm REGISTRATION & EXHIBITS  
7:30 am - 8:00 pm SILENT AUCTION – Bidding ends at 8:00

7:45 am - 9:30 am **PLENARY ADDRESS: EDWARD SCHREIBER, DD, EdM, LADC, TEP**  
***Sociatry Offers Added Wisdom***

At the very center of the method called psychodrama is a little known direction: "Awakening of the Autonomous Healing Center Within" a group and an individual. It is a mystic practice that corresponds to the understanding that humanity is as one organism with forces impacting the whole and its many parts, forces underlying groups, organizations and society. To know these forces and to attend to the awakening of the Autonomous Healing Center is called "Sociatry: the healing of society". This is the introduction to Sociatry for the Plenary.

Learning Objectives. After attending, participants will be able to:

1. Understand the basic ideas of Sociatry;
2. Recognize the mysticism inherent to our method.

1:00 pm - 2:30 pm **ANNUAL MEMBERSHIP MEETING, LIVE AUCTION, SPECIAL DRAWING**  
8:30 pm - 11:00 pm **LET'S HAVE A BALL - Open Event**

### 9:45 am - 12:45 pm MORNING WORKSHOPS

#### 34 WHAT IS SOCIATRY? PERSONAL AND SOCIAL TRANSFORMATION

**Ed Schreiber, DD, EdM, TEP, CTPT, Zerka T. Moreno Foundation, Lesley University; Sarah Kelley, MFT, Drama Therapy, Lesley University**

This workshop introduces J.L. and Zerka Moreno's ideas about the healing of society. A special instrument, The Social Microscope, will be demonstrated and taught. The Social Microscope reveals the essence of sociatry for both personal and social transformation.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify the Morenean ideas for healing society;
2. Recognize the instrument of the social microscope as a tool for personal and social healing.

#### 35 CHANNELING DR. SEUSS RE ENACTING "STAR BELLED SNEETCHES" AND DEALING WITH GROUP INCLUSION VS. EXCLUSION

**Margo Fallon, PhD, Artful Interventions of Kansas City; Nancy Kirsner, PhD, CPP, TEP, S. Florida Center for Psychodrama, Action Training & Groupwork**

Using a combination of expressive arts techniques, participants will experience how these can be used to enhance warm ups and enactments. Dr. Seuss' "Star Belled Sneetches" tale regarding inclusion vs. exclusion in groups will be explored, ending with creating a healing circle and personal talisman. Demonstrations, experiential activities, group and individual processing, and question/answer session will be included.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply expressive arts techniques to the warm-up process;
2. Demonstrate how expressive arts techniques enhance the processing of group experiential empathy activities such as role reversal.

#### 36 ACTING YOUR INNER MUSIC: MUSIC THERAPY AND PSYCHODRAMA

**Joseph Moreno, MT, MA, MME, Santa Fe, NM, Prof. Emeritus, Maryville University, Saint Louis, MO**

This workshop will open with a lecture on the sources of the integration of the creative arts therapies, music, art, dance and drama in the traditional healing practices of indigenous cultures around the world, supported by slides, music, and video excerpts. This will be followed by a group experience in music and imagery as a psychodramatic warmup technique, and the workshop will conclude with group experience in the application of instrumental music improvisation as support for psychodramatic enactments.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the technique of music and imagery as a psychodramatic warmup technique;
2. Apply techniques of instrumental music improvisation as a support in psychodramatic enactments

#### 37 LOOK THROUGH THE JOHARI WINDOW USING THE LENS OF PSYCHODRAMA

**Scottie Urmey, LCSW, TEP, Psychodrama New Jersey, Monmouth University**

The Johari Window is a simple tool for improving self-other-awareness within groups. Blending the concept of the Johari window with the interventions of psychodrama and sociometry enhances and deepens the group psychotherapy experience.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the concept of the Johari Window model;
2. Identify how psychodrama and sociometry interventions facilitate the efficacy of the Johari Window model.

**Peter Howie, BSc, MEd, TEP, Australian and Aotearoa New Zealand Psychodrama Association, Inc.**

Jacob Moreno imported many ideas into psychodrama from the theatre, with 'warm-up' being one of them. Examples of the uses of warm-up ideas are in his writings from "Who Shall Survive" through to "Psychodrama Volumes I-III." The most familiar is the warm-up phase in traditional psychodrama sessions, though this is the least theorised application of his writings. The four principle uses of the term will be experientially demonstrated and explored.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate the four warm-up concepts and how they are used in psychodrama;
2. Demonstrate individual and group warm-ups.

**Soozi Bolte, LPC, CP, Private Practice, Psychological Counseling Services, Promises Scottsdale; Grayce Gusmano, CP, Private Practice: Grayce Counseling Psychological Counselings Services Promises Scottsdale**

Attachment trauma impacts all aspects of life. Many current therapeutic modalities address these relational ruptures through the lens of Neurobiology. We will review several of these modalities as we present the idea that Moreno was informed by Neurobiology before it had a name. We will explore how the psychodramatic stage has been a place of exploring and integrating healing by naming directorial choice points and interventions that impact the development of earned secure attachment.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize and explore the 4 attachment styles and the value of "Bottom Up" processing associated with theories influenced by Neurobiology;
2. Identify the symptoms of attachment trauma and learn how to direct relational repair that promotes a felt sense of earned secure attachment.

**Martica Bacallao, PhD, TEP, University of Alabama School of Social Work, NC Center for Youth Violence Prevention**

Sociodramas embedded in the sociometric cycle have potential to resolve resistance that gets us stuck. The sociometric cycle is a map that guides us in exploring current space and changing positions. These explorations advance personal transformations by connecting us with others and deepening our compassion. Sociodramas will compliment the movement within the 4 quadrants of the sociometric cycle.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish the 4 quadrants;
2. Apply sociodramatic techniques to the sociometric cycle.

**Jacqueline Fowler, MA, CP, The Center for Sound Relationships**

Through action sociometry and sociodrama, we will explore the ways that aging-related issues impact all of our lives, from societal assumptions about "the graying of America," to private fears of cognitive and physical impairment. We will consider the biology of the aging brain, current thoughts on "healthy aging," and exciting advances in Alzheimer's research. Together we will gain embodied insight about the aging experience, and share strategies and interventions for working sociodramatically with aging-related issues.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the extent to which societal assumptions about aging impacts individuals' perception of self and others;
2. Distinguish between sociodramatic and psychodramatic methods, and identify two sociodramatic strategies for redirecting auxiliaries who slip into revealing personal material.

**Peter Haworth, MSc, British Psychodrama Association, Oxford School of Psychodrama and Integrative Psychotherapy, Oxfordshire and Buckinghamshire Complex Needs Service**

This workshop will use sociodrama to show how messages related to trauma are transmitted through generations. Participants will explore their own family history to see how messages are transmitted and how these can be explored using psychodrama with the protagonist in the role of their ancestors. We will draw on the presenter's experience of working with Zerk Moreno and Anne Schutzenberger and from his work in the former Yugoslavia.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the power of transgenerational messages to influence our decisions;
2. Demonstrate how sociodrama can be a powerful warm up do deep personal work through psychodrama.

**Tamar Pelleg, MA, CP, Private Practice**

In this Bibliodrama, the focus will shift from Jonah the prophet, who runs away from his mission, to the participants. We will work with the archetypal level of the story to find out and look at questions like: Am I following my path or running away from it? Where do I stand regarding letting go of being "right?" How do I relate to forgiveness toward myself and others?

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the story of Jonah on both the surface level and the archetypal level;
2. Identify the meaning of the archetypal level for themselves (on a personal level).

**Rebecca Walters, MS, LCAT, LMHC, TEP, Hudson Valley Psychodrama Institute**

This workshop is for those working with adolescents, the chemically dependent, and other "reluctant" clients. We will explore what resistance is, how it gets in the way, how it serves people and how action methods can help our clients move beyond it. Learn psychodramatic interventions that "go with the resistance," honor defenses, and are attuned to sociometry, creating the safety that helps change barriers into open doors and encouraging individual and group warm-up to spontaneity, healing and change.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe and practice two sociometric structures to warm up groups;
2. Identify the differences between sociodramatic and psychodramatic empty chair work.

**1:00 pm - 2:30 pm**

**ANNUAL MEMBERSHIP MEETING,  
LIVE AUCTION, SPECIAL DRAWING**

Our annual open community meeting for members as well as those interested in becoming members. Come and meet your Executive Council and learn about ASGPP's recent activities and plans for the future. Contribute your ideas and feedback as part of the ASGPP community. You will also have the opportunity to participate in a Live Auction facilitated by an Auctioneer. A surprise drawing is available to all who attend.

**OPEN EVENT**

**2:45 pm - 4:15 pm**  
**90-MINUTE WORKSHOPS**

**Julie Wells, LCSW, CP, TEP, Suncoast Psychodrama Training, Journey Into Wellness Counseling**

Hans Christian Andersen's fable will transport us into a Sociodramatic experience focusing on how we bring change in our lives after wrestling with important revelations. How do we move truth into action? What gets in our way of making this the world we want to live in? Come explore action steps to take after gaining new insights and "try on" which roles you identify with, and which role(s) hold the healing you need.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between the different components (contract, roles, sharing, and goals) of a Psychodrama and a Sociodrama;
2. Identify the Central Concern of the group and how this applies to the Sociometry of the Group.

**Juliana Fort, MD, MPH, MBA; Clyde Knox, Eleanore Knox, UTSW; Marcie Burkart, LCSW**

Psychodramatists can benefit from integrating tools and techniques from the expressive arts to help their clients creatively explore a deeper relationship to their struggles and lend voice to their pain. By facilitating warm-ups and closures that allows for the bodily expression of the emotions through the use of art, creative writing, movement, sounds (such as drums), and drama, the therapist can empower the development of coping resources and new roles through a shared process in group.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify expressive art therapy modalities and basic techniques such as distancing and aesthetics. Discuss the benefits of utilizing expressive arts therapy tools for facilitating creative expression, deepening the mind-body connection and helping patients to recognize commonalities with other groups members;
2. Apply expressive art therapy techniques that incorporate visualizations, movement, sound and dramatic expression during warm-ups and closings to create group cohesion and connections.

**Linda Ciotola, MEd, CET III, TEP, Certified TSM Trainer, Healing Bridges; Nancy Alexander, LCSWC, Private Practice**

In this workshop, participants will learn and explore the basic elements of connecting, collaborating, and co-creating across various fields of expertise to maximize the potential of co-created projects. Guiding principles, role definitions and delineations, values identification, and other factors of cross-collaboration will be explored in discussion and brief action structures.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify at least 3 possible areas of collaboration between psychodramatists and other professionals and identify at least 3 values that collaborators need to share for a successful partnership;
2. Define at least 3 roles required between collaborators.

*This is a 2019 Award Winner's Workshop*

**Marcy Pollitt, LCSW-R, SEP, EMDR, CP, Joyfully Becoming Family Therapy**

This workshop will introduce participants to some of the essential concepts of Somatic Experiencing (SE) and how to weave them into the psychodrama through doubling. Learning to listen into the body and facilitating the natural process to discharge activation will deepen the double's effectiveness. SE helps to keep the client in an embodied state, which allows the nervous system to release the tensions held in the body. This workshop will use didactic and experiential learning as an invitation into the healing method of SE.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe didactic and experiential learning about the body's natural healing process through the trauma vortex and healing vortex;
2. Apply the gentle SE process by participating in a practice session in dyads after a warm up.

**Siyat Ulon, MD, MA, Formosa Institute of Psychodrama and Depth Psychology, Far Eastern Memorial Hospital; Liwen Molly Mo, TEP, Formosa Institute of Psychodrama and Depth Psychology, Taiwan; Yun Jen Hsieh, Adjunct Lecturer, Fu Jen Catholic University, Taiwan; Yi-chun Yeh, National Taiwan University Hospital**

This workshop will demonstrate how to apply different psychodynamic theories including psychoanalysis, analytical psychology, and attachment theory to cultivate a new generation of psychodramatists. Different psychodynamic approaches permeate through trainees gently by encountering varied trainers who come from different gender, ethos, cultures, political identities, and psychotherapy training backgrounds. Weaving different perspectives of related fields into psychodrama, sociometry, and group psychotherapy helps further integration and generate a new insight of our multiple cultural worlds.

Learning Objectives.

After participating in this workshop, participants will be able to:

1. Demonstrate how to apply wisdoms of psychodrama and related psychodynamic approaches to warm up and to conduct a group simultaneously;
2. Identify the way in which four trainers weave different psychodynamic approaches into the practice of psychodrama, sociometry and group psychotherapy cooperatively and co-create an appropriate way to learn and to appreciate everyone's particularity.

**Katherine M. Amsden, LCSW, ACHP-SW, CP, Central Maine Medical Center, Androscoggin Home Care and Hospice**

Facing serious illness or what might be the closing chapters of our lives can be fraught with existential crises, complex medical decisions and heartbreaking emotional and psychosocial suffering. This workshop will demonstrate how action methods can explore the core of what matters most and transform despair into hope.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply methods of action sociometry and role theory to explore issues of advance care planning and health care decision making;
2. Identify and explore the major difficulties when facing serious illness and end of life choices.

**Scott Giacomucci, LCSW, CTTS, CET III, CP/PAT, Mirmont Treatment Center, Giacomucci & Walker, LLC; Maria Jose Sotomayor-Giacomucci, Pennsylvania Immigration & Citizenship Coalition, La Puerta Abierta**

This workshop will introduce J.L. Moreno's immigration story. We will acknowledge the experience of migration as a personal trauma/loss and focus on generational strengths and resilience. Through sociometry, participants will uncover shared experiences, identities, and values with a focus on personal family immigration stories. Finally, a brief psychodrama process will take place, oriented around honoring a family member, mentor, community leader, and/or ancestor who played a supportive role in that individual's development or family immigration story.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain J.L. Moreno's own history of immigration as it relates to the development of sociometry, psychodrama, and group psychotherapy;
2. Recognize applications of sociometry to explore the personal immigration history within a group.

**James Pennington, MA, LPC, Dream Again Therapy, LLC**

The workshop will explore gender identity and expression, and how gender expansive identities are shifting the conversation surrounding gender.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Differentiate between gender identity and gender expression;
2. Identify at least one way that their gender identity or gender expression deviates from traditional binary norms.



## 53

I DREAM OF RESEARCH:  
TAKING ACTION WITH NIGHTMARES

**Marlo Archer, PhD, TEP, Arizona Psychodrama Institute, Down to Earth Enterprises; Cristine Toel, LPC, Psychological Counseling Services (PCS)**

An advanced psychodrama student will direct a warm-up, short action piece, and integration around nightmares between administrations of the pre- and post-tests our community is using to move psychodrama into the realm of evidence-based treatments for which insurance companies reimburse. Registration for, and attendance of, this session constitutes your permission to participate in a brief research study on using psychodrama to work with nightmares that will be written up for publication.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify and apply the pre- and post-test instruments the psychodrama community is employing to collect data to support our work as an evidence-based practice;
2. Describe a brief action structure for working with client nightmares.

## 54

## FATHER SKY/MOTHER EARTH: ACHIEVING BALANCE WITHIN

**Sara R. Butler, LCSW, The Organization for Therapeutic Treatment, Education, and Recovery, LLC**

This workshop will explore how to use cultural traditions to enhance the warm-up process with both individuals and groups. In Native American teachings, every being is made up of two energies: Father Sky and Mother Earth. These energies help align our analytical and intuitive mind to achieve balance. Using Native American animal medicine and Psychodramatic techniques, participants will discover their individual Father Sky and Mother Earth energy and explore ways to move into achieving balance.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate how to run an effective warm-up using Native American (or other) cultural traditions and teachings;
2. Identify two action methods that facilitate and deepen the warm-up process for both individuals and groups.

## 55

## AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR ▲ ■

**Catherine D. Nugent, MS, LCPC, TEP, Laurel Psychodrama Training Institute; American Board of Examiners**

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the purpose of the American Board of Examiners;
2. Explain the criteria for CP and TEP certification.

4:30 pm - 7:30 pm

## AFTERNOON WORKSHOPS

## 56

## A NEW PERCEPTION FROM THE OLD DRAMA ▲ ■

**Ning-Shing Kung, MPS, Adjunct Therapist, St. Clare's Hospital**

Our body is the storage of the old memories, where the old dramas have their roots. Through the large blind-drawing, lines/shapes reveal the significant memories that are associated with the current issue just like ghost hunting. By weaving the concept of compulsive repetition, which owns the power of the death instinct, into the action of psychodrama; a journey, from past to now into future, finds its path to a new psychological world.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the concept of compulsive repetition from Freud's theory when directing psychodrama;
2. Apply two types of art-making, structure and non-structure, during different stages of psychodrama.

## 57

## A NARRATIVE PATHWAY TOWARD ENHANCING FAMILY WELL-BEING ▲ ■

**Adam Chi-Chu Chou, PhD, EdD, TEP, Feng Chia University, Taiwan**

This workshop demonstrates an interdisciplinary framework in which a household production conceptualization in family economics is used as theoretical basis for working with family. The participants as role-played family members will co-construct strength-based family sculpture and family script in action. The families are guided in identifying and empowering strengths and journeying through various pathways toward a co-constructed new identity and meaning of a home.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify pathways toward enhancing family well-being with family story and script;
2. Apply the techniques of Strength-Based Family Sculpture when working with family.

## 58

## COSMIC FORGIVENESS AND RECONCILIATION

**Patrick Barone, JD, CP/PAT, Michigan Psychodrama Center; Elizabeth Corby, PhD, CP/PAT, Michigan Psychodrama Center**

How is it possible to forgive others even when others don't deserve it? Using a story ripped from pages of Genesis, you will step into the ancient world to co-create then personally experience cosmic forgiveness and reconciliation. Bibliodrama's "midrash" and "white and black fire" will be explored as you learn Bibliodrama interventions including, voicing, concretization, and group characterization. Participants might feel a new sense of connection with the ancient text.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize how exploring the universal truths contained in the Bible can serve as a compelling warm up to personal psychodramatic work;
2. Identify yourself as part of this biblical "world," and feel yourself to be an element in its structure of universal history.

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## 59 DIVINE TIMING: THE STRENGTH TO SURRENDER, THE PATIENCE TO PERSEVERE

**Antonina Garcia, EdD, LCSW, TEP, RDT/BCT, Private Practice, NYU**

When major challenges arise in our lives, it becomes essential to meet them with dignity, acceptance and humor and marshal trust in our own resilience. We must gain clarity to know when and how to surrender and persevere. This training will demonstrate how to assist clients in accepting adversity and moving forward with fortitude and a belief in their own internal strengths.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify one method for assessing character strengths that can assist clients who face challenges;
2. Describe one action intervention that assists clients in developing resilience.

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## 60 TRANSFORM WITH THE TROLLS: USING PSYCHODRAMA TO RE-CLAIM YOUR SPARKLE!

**Katrena Hart, LPCS, CBT, ATA, TEP, Bridging Harts Psychodrama Training Institute**

This workshop will use the 2016 movie "Trolls" as a warm-up towards doing a psychodrama. The movie addresses emotions, relationship conflict, and inner apathy. It includes music and connection to create a bridge towards positivity and hope. This workshop intends to use a fun and creative movie to assist transformative reflections and re-direction of life choices. The Hollander Curve applications will be applied.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate a full Psychodrama from Warm-up to Sharing;
2. Recognize and define the Hollander Curve.

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## 61 DESTIGMATIZING SEXUALITY, EMOTIONAL INTIMACY AND EROTIC ENERGY IN GROUP THERAPY

**Rick Tivers, MSW, LCSW, Rick Tivers and Associates;  
Steven Durost, PhD, LCMHC, REAT, C.R.E.A.T.E! Center for Expressive Arts, Therapy and Education**

This workshop engages in a frank, open and transparent discussion about sex, sexuality, romance, sensuality, and emotional intimacy. For many people these are taboo topics causing high anxiety and even triggered responses. Aimed at reducing shame, destigmatizing sexuality, and exploring non-traditional sexual expression, the interventions will be provocative and respectful. Participants should expect to be challenged, honest, uncomfortable, and safe, as we move towards a unified being which includes healthy emotional intimacy and sexual expression.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate treatment interventions that will help clients understand and honor their own sexuality and cravings for emotional intimacy;
2. Establish safe environments to explore healthy erotic energy, alleviate shame and understand the transference and counter-transference that can accompany it.

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## 63 DIRECTOR'S OPTIONS FOR STRUCTURING A SOCIODRAMA

**Rosalie Minkin, MSW, TEP, LCAT, ATR/BC, East West Psychodrama Institute**

There are 4 Sociodrama structures: Each structure addresses who creates the sociodrama role, who creates the themes, issues, and setting. The workshop introduces 4 structures with emphasis on when to use each of the 4 structures.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the 4 sociodrama structures;
2. Recognize the theory and practice of the 4 structures.

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## 62 THE WORLD OF COMPASSION IS TRANSFORMATIONAL

**Jacqueline Siroka, LCSW, TEP, Sociometric Institute; Jaye Moyer, TEP, Sociometric Institute, Institute for Meditation and Psychotherapy**

Learning to see and experience the world through a compassionate lens takes, practice, patience and role training. We learn to quiet the heart/mind/body and bring caring attention to difficult emotions, experiences, and unwanted parts of ourselves. "The Handshake Practice" is one of the compassion practices brought from the East to the West. This practice was brought by Tsoknyi Rinpoce, a renowned Tibetan teacher. Join us as we demonstrate and teach the interplay between meditation, sociometry and psychodrama action.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the interplay of the handshake practice with the triadic system;
2. Identify the process of moving from meditation to psychodramatic action.

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## 64 WAY OVER THE RAINBOW: DIVERSITY AND INCLUSION

**Estelle Fineberg, LCSW, LMFT, SEP, TEP, Private Practice;  
Stephen Kopp, MS, CAS, TEP, Saint Luke Institute, dreamer2doer**

As millions of raindrops expand sunlight into rainbows, we each have our own spectrum- parts of ourselves we celebrate, hide, deny. These are influenced by the pressure we often feel to reflect back only the hues held by "the group:" family/work/social. With increased polarization, there's a mentality of "voting them off the island" if we don't conform. Using colors as metaphor, this workshop explores ways to claim our unique colors in the midst of others.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify three tools for helping clients identify their disowned or unacknowledged resources;
2. Apply two action structures for helping protagonists and group members strengthen cohesion and safety.

## 65 THE MUSICAL DOUBLE

**Lorelei Joy Goldman, MA, TEP, The Psychodrama Institute of Chicago;**  
**Cindy Freeman-Valerio, LCPC, CP/PAT, Creative Therapy Unlimited**  
**Artsoul, Inc.**

Music is often hope. In this workshop, participants will experience musical lyrics that can broaden and amplify the role of the double. The education of music as a co-creator in extending and amplifying the protagonist, auxiliaries and the group will be demonstrated. We will be musical improvisers in service of a classical Psychodrama.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply role playing musical lyrics in the role of double;
2. Demonstrate a new aspect of doubling to energize and deepen the role of the protagonist.

## 66 HAVE A DREAM IN MESOPOTAMIA, ASIA MINOR, AND ANATOLIA

**Canel Bingöl, MD, PhD, TEP, Marmara University, Ali Babao lu Jungian Psychodrama and Sociodrama Institution;**  
**Turabi Yerli, MD, PhD, TEP, Ali Babao lu Jungian Psychodrama Sociodrama Institution**  
**Beykent University**

Dream work will be presented in the group context with borderstories of group members and participants will learn the dream-work of Mesopotamia, Asia Minor and Anatolia, with psychodrama, sociodrama, and expressive group therapy techniques.

### Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to work with people having borderstories by using psychodrama, sociodrama, and expressive art therapy techniques;
2. Apply dream work through stories, utilizing psychodrama, sociodrama and expressive art therapy techniques.

**8:30 pm - 11:00 pm**

### **Let's Have a Ball**

Come one, come all, let's have a ball expressing ourselves and dancing with the stars! Dress up or down or all around and be sure to join us for an evening of music, fun, dancing and "surprise" selfie scenes...play together with new and old friends.

**OPEN EVENT**





## SUNDAY May 5, 2019

6:00 am - 6:45 am Sunrise Exercise Activity  
7:00 am - 7:45 am 12-Step Meeting / Research Committee Meeting  
7:30 am - 6:00 pm REGISTRATION AND EXHIBITS  
8:00 am - 9:30 am ENVISIONING THE CREATIVE ARTS THERAPIES

6:45 pm - 7:30 pm CLOSING CEREMONY  
Closure in action. Share your conference highlights and say goodbye to new and old friends.  
Warm up to the 2020 Conference.

8:00 am - 9:30 am

### ENVISIONING THE CREATIVE ARTS THERAPIES

Saphira Linden, RDT-BCT, LCAT, TEP  
and Panel of distinguished experts in their field

We know as Group facilitators that the 'whole is greater than the sum of its parts' and yet, we stay as separate entities. The Creative Arts Therapies' would be stronger and more effective working together to truly make a difference. Let us envision and dream together about what this would look like....all the new possibilities to transform our lives and communities.

OPEN EVENT

### 9:45 am - 12:45 pm MORNING WORKSHOPS

#### 67 PSYCHODRAMA, JUNGIAN PSYCHOLOGY, AND ALCHEMY: ROLE OF THE NUMINOUS IN TRANSFORMATION

**Sue Shaffer, MA, LCMHC, CP, The Adams Center for Mind and Body, Celebrations of the Soul**

Presentation of doctoral research looking at psychodrama and Jungian psychology through an alchemical lens. Exploring in action how the prima materia and Philosopher's Stone in alchemy is understood and recognized through C.G. Jung and J.L. Moreno's ontological and epistemological frameworks. Particular focus on role of the numinous, surplus reality, spontaneity, and creating first universe experiences. Consideration of interpersonal neurobiology in context of these themes will also be presented.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify how role reversal engages Jung's transcendent function and the significance of that in healing trauma, reducing anxious symptoms and "healing the whole of mankind";
2. Describe differences between C.G. Jung and J.L. Moreno's approaches to transformation.

#### 68 THE LOST SELF: TRAUMATIC BRAIN INJURY/TRAUMA AND IDENTITY

**Deborah Karner, MSS, LCSW, EMDR II, CP/PAT, Prospect/Crozer Health System; Colleen Baratka, TEP, Private Practice**

There is a tsunami of role changes after an mTBI/Trauma, which often results in severe identity confusion and relational challenges in all systems (i.e., family, employment, legal, medical). This workshop will explore the responses of the mTBI and Traumatized brain to daily events and use Moreno's role theory to contextualize individual and systems treatment.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize from a neurological perspective a person's changed response to daily life events after experiencing an mTBI and trauma;
2. Describe how to contextualize treatment for the challenge of role change and role loss after experiencing an mTBI and trauma using Moreno's Role Theory.

*This is a 2019 Award Winner's Workshop*

#### 69 GRIEVING THE UNHEROIC DEATH: LOSSES FROM ADDICTION, ALCOHOLISM, AND SUICIDE

**Susan Powers, PhD, Private Practice**

This workshop will be treating the death of an addict and/or suicide with the same respect that one gives to a loss from any other illness. We will explore and demonstrate the continuum from the addictive cycle all the way through to overdose and suicide — the co-occurrence of suicide and chemical dependency. Tools for grieving this kind of death will be presented and demonstrated — some in writing and some role-playing. The profound effect of codependency will be expressed.

#### Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize how to work with clients grieving due to a suicide or overdose;
2. Demonstrate and use the experiential tools of grieving, both in written exercises and role playing.



## 70 DYNAMIC THEATRE: INCOGNITO AUXILIARY AND THE INVISIBLE REALMS OF SURPLUS REALITY ■

**Mark Wentworth, Colour for Life, Colour PsychoDynamic Practitioner**  
Zerka Moreno encouraged us to allow ourselves to be guided by intuition and inspiration, and to be a channel for guidance that comes through us. This workshop will demonstrate the original action method of the Dynamic Theatre, created by the presenter; and the use of the "The Incognito Auxiliary" technique as a warm-up and as an intuitive role. Participants will be exploring the "Invisible Dimensions" through Dynamic Theatre and Surplus Reality applications in Psychodrama.  
Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate the "Incognito Auxiliary" technique as a warm-up and as an intuitive role;
2. Describe the similarities between the 'Dynamic Theatre' and the psychodrama method.

## 71 TAPPING INTO THE POWER OF YOUR DREAMS ▲ ■

**U. Ingrid Schirrholtz, MA, Dipl-Psych, TEP, Hudson Valley Psychodrama Institute, Pathwork Vermont**

Dreams give us access to another dimension of consciousness where we discover untapped resources, fresh perspectives, and new possibilities. Psychodrama provides us with unique tools to decipher the language of the unconscious by putting dream imagery into action. Bringing dream characters to life, giving them a voice and allowing them to interact provides a unique way of tuning into the meaning of a dream.  
Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe how to warm up a group around the topic of dreams;
2. Identify significant dream images and how to work with them.

## 72 EXPLORING INCLUSION-EXCLUSION OF DIVERSITY AND DIFFERENCE ▲ ■

**Kim Irvine-Albano, MA, RP, CP/PAT, Toronto Centre of Psychodrama and Sociometry, Resolve Counselling Services Canada; Ananta Chauhan aka Baljit Kaur, CP/PAT, Toronto Centre for Psychodrama and Sociometry, Private Practice**

This workshop explores some of Moreno's ideas related to inclusion-exclusion with a lens of difference and diversity, including our desires for social inclusion, our past experiences, biases and stereotypes and other deep seated beliefs that govern our social behavior of "Othering." Attendees will explore their own experiences of inclusion-exclusion using empty chair and other psychodramatic and sociometric techniques, knowing that we are agents as well as recipients of this dynamic of exclusion of the "Other."

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain the significance of inclusion-exclusion in Moreno's theories related to difference and diversity;
2. Describe how psychodrama and sociometry explore experiences of inclusion-exclusion and ways of moving towards more inclusion.

## 73 ANGELS, SAGES, AND FAIRY GODMOTHERS: SURPLUS REALITY FOR EVERYDAY LIFE

**Judy Swallow, CRS, LCAT, TEP, Hudson Valley Psychodrama Institute, Community Playback Theatre**

People who have been wounded and/or traumatized often lack the internal compassionate images that can soothe, nurture or protect. They struggle to develop a connection to a positive spirituality and to a hopeful view of the future. In this workshop, we will explore the use of wisdom figures from diverse cultures and personal fantasy to help develop the resources needed to heal old wounds and move into the future with courage and spontaneity.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain surplus reality and its importance in psychodrama theory;
2. Identify three wisdom figures from diverse cultures and role reverse with at least one of them.

## 74 HUMILITY: THE QUIET VIRTUE

**Catherine D. Nugent, MS, LCPC, TEP, Laurel Psychodrama Training Institute, Johns Hopkins University**

"True humility is not thinking less of yourself; it is thinking of yourself less." Why cultivate humility? What is its value and significance? We explore the "Golden Mean" of humility on the continuum of overuse and underuse. To better understand this often misunderstood and undervalued character strength, we offer presentation, discussion, self-assessment, brief action structures, and a vignette.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define the term humility, its shadow sides, arrogance, and self-deprecation;
2. Identify one way to cultivate greater humility in their professional and/or personal lives.

*This is a 2019 Award Winner's Workshop*

## 75 PERFECTIONISM AND SHAME

**Carole Oliver, MEd, LP, TEP, Wayside House for Women**

This workshop will demonstrate psychodrama exercises related to perfectionism and shame. Participants will explore what perfectionism is; how it is the underlying cause for low self-esteem and shame. A perfectionist has very high expectations of themselves and others and are never quite satisfied with their smallest to largest accomplishments. We will explore the origins of perfectionism and the faulty belief systems that follow.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply two specific psychodramatic techniques that can be used when working with a client who is a perfectionist;
2. Define unhealthy core beliefs related to perfectionism.

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**76****CRAFTING MEANING, TRUTH, AND BEAUTY FROM YOUR PHOTO STREAM: PSYCHODRAMA & WRITING**

**Kelly DuMar, MEd, CP, Writer & Workshop Facilitator**

Our photo streams show what we care about and hope to preserve, what moves and mystifies us, the people, places and experiences that bring joy, challenge and meaning into our lives. We'll use psychodramatic enactments to write from personal photos that arrest our attention and unpack why they do. Writing from photos allows us to express the truth of what we feel — and know — and haven't said, as we capture the beauty and deeper meaning of images. Bring photos!

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate psychodramatic enactments inspired by personal photos to generate creative writing in poetry and prose;
2. Apply psychodrama related enactments in expressive writing workshops to facilitate personal growth, healing, transformation and artistic satisfaction.

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**77****PSYCHODRAMA: TRANSFORMATIONAL EXPERIENCES THAT BROUGHT YOU HERE**

**Bill Wysong, MA, LPC, EMDR II, TEP, Aspen Counseling Center;**  
**Joann Wysong, MA, Aspen Counseling Center**

Recall your first experience with Psychodrama. That magical happening. Do you remember your excitement and wonder? Your drive to learn more? The process that brought you here? Help others experience what you have. This workshop will use several psychodramas of various lengths and processing. The purpose is to show you how to share Psychodrama with others in a variety of educational, conference, professional, and workshop settings so they may experience its value and transformative power.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Select a warm-up, action, and sharing format that fits the time available;
2. Identify and correct primary errors of untrained auxiliary egos while in action.

**1:45 pm - 3:15 pm**  
**90-MINUTE WORKSHOPS**

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**78****SELF-PSYCHODRAMA: HOW TO USE SELF-DESIGNED CEREMONY TO REACH THE NETHERWORLD WITHIN**

**Gregory Koufacos, MA, LCADC, Private Practice, Montclair, NJ**

This transformational workshop will explore the ancient practice of self-designed ceremony. Does this sound familiar? What this is at its essence is self-psychodrama. This experience will involve a discussion on the history and practice of ceremony and its potential role in your life. Each participant will get a chance to enact their own ceremony addressing an area of this choosing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Describe the self-designed ceremony;
2. Identify the key features of enacting a ceremony on oneself.

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**79****NAVIGATING PTSD THROUGH MINDFULNESS AND TRANSFORMING TRAUMA TO CREATIVE GROWTH**

**Amy Oestreicher, CHP, LCAT, Founder of #LoveMyDetour, Founder of the Online Community "Fearless Ostomates Thriving Together"**

This interactive workshop focuses on helping survivors of PTSD create customized paths to recovery using mindfulness techniques and creative interventions for therapists and patients to work collaboratively on reclaiming a sense of safety. Participants are provided with a comprehensive understanding of trauma, and a multidisciplinary toolbox of treatment methods for its symptoms, through experiential exercises rooted in psychodrama, role theory, and cognitive behavioral therapies, then guided through check-in exercises, scene implementations, and closing activities.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate two mindfulness activities which can aid survivors of Post Traumatic Stress Disorder in reclaiming their sense of safety;
2. Describe four common symptoms of PTSD and an experiential activity to address them.

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**80****OVERCOMING CULTURAL BARRIERS THROUGH CREATIVE EXPRESSION**

**Yechiel Benedikt, LCSW, CASAC, Pesach Tikvah, Quality Families**

The theme of the workshop is to demonstrate the power of creative expression in overcoming personal and cultural barriers to self-expression. The content of the workshop will entail a brief description of theme followed by an exercise of creating a garden and self-expression from place in garden. This will be followed by sharing of how it helped overcome personal and cultural barriers.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize the potential of using creative expression and action to overcome personal and cultural barriers to self-expression;
2. Apply the garden warm-up for the purpose of facilitating self-expression and increasing connection between group members.

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**81****BUSINESS/COACHING/MARKETING/PUBLICITY, SOCIOMETRY**

**Greg Reid, LMHC, CASAC, Greenstone Experiential Services**

We will explore how to formulate sociometric questions to create matrices for an organization and how to analyze matrices to identify sociometric stars and find incongruities. The group will then identify incongruities, and how to resolve them in action. This presentation will use some real world examples from the presenter's work with organizations.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Identify incongruities using sociometrics;
2. Explain a way to address an incongruity.

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## 82 LIFE, DEATH, AND TRANSFORMATION: EXPERIENTIAL ACTION METHODS AND TOOLS FOR HEALING GRIEF AND TRAUMA

**Lusijah Darrow, LMFT, CP, Private Practice**

This workshop is for people seeking to expand their knowledge of experiential action methods in treating grief and trauma. The action methods are based on practice of psychodrama, sociometry and group psychotherapy. Experiential action methods are compatible with CBT/DBT, narrative, advances in neurobiology, and transpersonal therapies. Participants will learn about ways to create a safe and warm container for grief and trauma work and how to use action methods in context with specific grief topics.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply sociometry skills for warm-up in grief groups;
2. Apply tools of psychodrama to work with specific (and universal) aspects of grief.

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## 83 FINDING, CLAIMING, LOVING, AND CELEBRATING THE FIERCENESS IN YOU

**Stacey Reicherzer, LPC, PhD, Southern New Hampshire University (clinical faculty); Earl Grey, Southern New Hampshire University (associate dean of field experience)**

Have you ever witnessed a bold and confident individual who owns her or his skills, intellect, sexuality, presence, or other aspect of self and wished you could do something similar? You may experience a sense as an outsider looking in who's yearning to break free and dance, make love or art with abandon, or simply to hold your presence in important relationships. This fun and experiential group workshop will uncage your magnificence and sass.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply the concept of fierceness to a self-identified area in which their clients feel stunted, uncertain, insecure, or otherwise needing change;
2. Demonstrate fierceness in imagined future-based scenarios of their lives.

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## 3:30 pm - 6:30 pm AFTERNOON WORKSHOPS

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## 84 DESCENDING TO THE UNDERWORLD: USING MYTHOLOGY AND DRAMA THERAPY AS A MAP TOWARDS INDIVIDUATION

**Andrew Hannah, MA, LMHC, RDT, C.R.E.A.T.E!, Lesley University**

In this workshop we will explore how mythology can be utilized within a therapeutic context, then use the Sumerian Myth of Inanna's Descent into the Underworld as a means to bring a story of individuation to life using psychodramatic techniques, then using other art modalities to ground the experience. We will finish the workshop in group dialogue about further implications for this work.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Recognize how mythology can be perceived as a map towards individuation and healing in a therapeutic context;
2. Apply psychodramatic techniques to mythology in order to bring awareness and insight into a group experiential.

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## 85 STOP, BREATHE, CONNECT: FOSTERING PARENTAL ATTUNEMENT THROUGH EXPRESSIVE THERAPIES TECHNIQUES ▲ ■

**Sarah Young, MHC, MT-BC, C.R.E.A.T.E! Center for Expressive Arts Therapy and Education; Heather Sisemoore, C.R.E.A.T.E! Center for Expressive Arts Therapy and Education**

This interactive presentation will discuss the use of expressive therapies techniques, including action methods art and music to address a variety of issues that arise in parent/child bonds. The presenters will provide hands-on arts based experientials designed to strengthen child resilience, self-advocacy, and self-soothing strategies. This "toolbox" will offer techniques that parent and child can utilize outside of the therapeutic setting, and generalize to multiple environments.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate self-soothing techniques for children (ages 3-7);
2. Demonstrate arts-based techniques to facilitate parent/child attunement.

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## 86 SAFE SEEN SECURE -FROM ISOLATION TO INCLUSION

**Anath Garber, MA, TEP, Institute For Applied Human Relations, Director**

In this workshop, you will be introduced to "Step in Sociometry" – "Who like me...?" – a quick efficient way to turn a group of individuals into a community. You can adjust this tool creatively to use for a group warm-up, as a diagnostic tool, and to allow for expression of vulnerability while ensuring protection. In this time of rising tribalism, it will be important to have it in our clinical tool kit. All are welcome. No previous experience in Psychodrama needed.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Define Sociometry;
2. Demonstrate "Step in Sociometry."

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**87** **PSOLODRAMA: MELDING AUTHENTIC MOVEMENT AND PSYCHODRAMA ▲ ■**

**Joel Gluck, MEd, RDT/BCT, Private Practice**

Insight Improvisation is a new drama therapy approach integrating meditation, theater, and psychotherapy. One of its main techniques is psolodrama, a method combining authentic movement (from dance/movement therapy) with psychodramatic methods and roles. Imagine moving, eyes closed, following the body, and allowing a psychodrama to spontaneously arise from impulse, intuition, and inner imagery — all observed by a supportive witness. Join us as we introduce Insight Improvisation and psolodrama, with opportunities to improvise and practice witnessing.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Explain what Insight Improvisation and psolodrama are and how they work;
2. Apply the psolodrama method both as a personal practice and as a technique for use in individual and group experiential therapies.

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**88** **RECOVERY THEATRE: SHARED GOALS AND SHARED HOPE ▲ ■**

**Robert Gatto, CASAC, The Dunes of East Hampton, Safe Harbor Retreat**

Recovery Theatre is an integral part of our substance abuse treatment program. Clients are invited to participate in this experiential workshop. By incorporating the powerful medium of theatre and improvisation as well as Internal Family Systems (IFS), psychodrama, playback theatre and theatre games clients work together to help create life situations and help each other find solutions. Shared experiences and goals create a dramatic bonding experience for the group as well as practical strategies to help each individual on their own journey of recovery.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Demonstrate tools for assisting newly sober clients in creatively accessing the voice of the disease of addiction;
2. Recognize techniques to enable clients to experience the consequences of their choices - both positive and negative.

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**89** **POSITIVE PSYCHOLOGY AND PSYCHODRAMA FOR SILENCING THE NEGATIVE INNER VOICES ▲ ■**

**Maria Luisa (Lulu) Carter, MA, Founder & President House of Gaia Nonprofit Center for Social Inclusion**

This workshop will demonstrate how utilizing positive psychology and psychodrama would influence members of society, including the psychodrama community, in dealing with negative emotions whenever they occur. Through psychodrama techniques such as social atom, role playing, empty chair; and multimedia art applications (fine art, music and dance), the workshop will offer a learning group experience for implementing creativity and spontaneity toward connecting.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply various exercises toward positive thinking, emotions and energy;
2. Demonstrate three (3) psychodrama techniques, combined with multimedia art applications, for positive group relations and connecting.

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**90** **PSYCHODRAMA AND IMPROVISATIONAL SOCIAL INTERVENTIONS IN HIGH FUNCTIONING ASD POPULATIONS ▲ ■**

**Carol Feldman Bass, BA, JD, Social Dynamix, Autistic Spectrum Pragmatics Coach, Divorce Mediator; Jonathan N. Bass, MD, Adult and Child Psychiatrist, Private Practice**

High functioning ASD populations are often overlooked by the treatment community. This workshop explores the use of Psychodramatic and Improvisational techniques to advance social skills in High Functioning ASD populations. Specific skill sets to be examined will include transitioning to college, dating, being an effective partner in a relationship, being an effective employer/manager, and effective relationships within a family.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply Psychodramatic and Improvisational work to individuals with high functioning Autistic Spectrum Disorder;
2. Identify the most effective techniques for developing effective and appropriate skill sets in individuals with high functioning Autistic Spectrum Disorder.

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**91** **THE INTRAPERSONAL VOICE IN CONFLICT RESOLUTION: A WORKSHOP FOR HELPING PROVIDERS**

**Azure Forte, LMHC, TEP, Private Practice**

New Learning allows new tools in the struggle to settle conflict. Through experiential action methods, helping professionals will explore the hidden intrapersonal voice that can reduce dilemmas within human reactive instincts. Live action, sociometric diagrams, and discussion will center on a model, now 15 years in successful use.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Apply a new-learning conflict resolution skill within helping professional work;
2. Identify by degree, and measure progress of self-inclusion skills, gained by their clients or participants.

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**92** **GETTING UNSTUCK: FREEING OURSELVES FROM FEAR THROUGH WRITING, ACTION AND COLLAGE**

**Nancy Scherlong, LCSW, PTR, CJT, EMDR II, Adelphi University, Columbia University**

Are you being held back by old habits and fears—in your personal or professional life or both? Are you looking for new ways to help clients with “stuck points?” Grab your journal and take this journey with us as we use the wise teachings of Pema Chodron from her book, “Taking the Leap.” Through selected quotations, poems, journal prompts and images, as well as action warm-up methods, we will identify how and where we “get hooked” by self-blame, negativity or fear and cultivate open-heartedness, acceptance and the courage to “stay” with our experiences.

Learning Objectives.

After attending this workshop, participants will be able to:

1. Distinguish 3 different journal techniques from the Journal Ladder, such as listing, character sketch, dialogue, or captured moment, and when to use each;
2. Demonstrate the action methods of a spectogram, doubling, and role reversal.

6:45 pm - 7:30 pm

## Closing Ritual and Passing of the Torch

**Jennie Kristel, MA, REAT, APTT, RMT**  
**Joshua S. Lee, LCSW-C**

Calling all Conference participants to join us for our closing ceremony creating a collective closure ritual. Together we'll acknowledge our newly formed sense of wisdom from discoveries made together while being playful and nourishing ourselves through storytelling and witnessing through Playback Theater. We'll conclude with a passing of the torch from New Hampshire to Chicago lighting our way to the 2020 ASGPP Annual Conference.

**OPEN EVENT**

## THANKS TO OUR SPEAKERS & FACILITATORS

**KEYNOTE SPEAKER**

**Nisha Sajnani, PhD, RDT-BCT**



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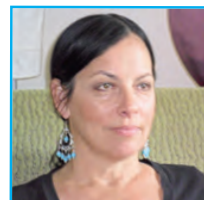
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SUNDAY, APRIL 7, 2019

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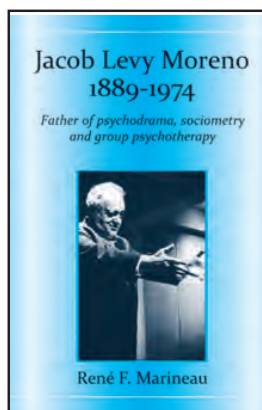
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